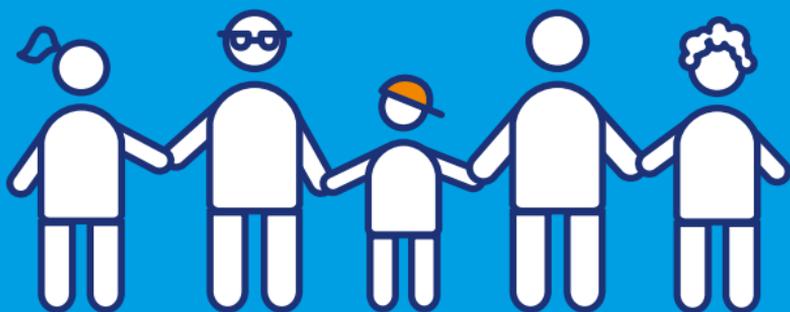


# How you make a difference



**DiABETES UK**  
KNOW DIABETES. FIGHT DIABETES.

# A world where diabetes can do no harm

**Every two minutes someone learns  
they have diabetes.**

Each day 65 people with diabetes die early. Every week thousands more suffer heart attacks, heart failure, strokes, kidney disease, blindness and amputations.

People can avoid these complications and live well if they know how to manage their diabetes. And that's exactly what Diabetes UK helps people do.

This booklet shows you some of the ways we help people manage their diabetes and how fundraising your way will bring us closer to achieving our vision of a world where diabetes can do no harm.

**Thank you.**





## Our research has played a critical role in shaping today's diabetes care

Whether it's saving someone's sight or developing the artificial pancreas, we're always at the forefront of diabetes research. Your fundraising will help our researchers keep discovering pioneering treatments and new technologies that make living with diabetes easier. One day we will find a cure and it will have been made possible by fundraisers like you.

[www.diabetes.org.uk/research](http://www.diabetes.org.uk/research)

**“A major breakthrough could come from anywhere, so Diabetes UK has to have the funds and flexibility to support new approaches from unexpected directions.”**

Dr Tim Tree,  
King's College London

Every year we're forced to turn down promising research proposals because we simply don't have enough funding. The money you raise will help make sure we can invest in as much crucial research as we possibly can.



## Coping with a condition with no known cure affects life every single day

Living with diabetes is complicated. It can be tough, confusing and exhausting. Our Helpline is there for anyone affected by diabetes. Our trained counsellors really know diabetes and provide support, information and advice, or just a comforting ear during difficult times.

[www.diabetes.org.uk/helpline](http://www.diabetes.org.uk/helpline)

**“Diabetes UK is like a security blanket. They provide me with a link to people with a massive amount of knowledge. There is no question you can’t pose – you will always get an answer.”**

Susan, Diabetes UK supporter

The money you raise means we’ll be able to keep supporting people like Susan. It means when someone has a question about how best to manage their diabetes we’re always there to answer it.



## We help people get to grips with their diabetes

There is an awful lot to learn about diabetes. It can be isolating too. Our Type 1 Events for children, teenagers, families and adults help people understand their Type 1 diabetes, build confidence and let them know they're not alone.

[www.diabetes.org.uk/type-1-events](http://www.diabetes.org.uk/type-1-events)

**“I cannot stress enough the positive impact the event had on my daughter. She loved every minute, made great new friends and said it was the best week of her life.”**

Chris, parent of a child with Type 1 diabetes

Your generosity means more children, teenagers and families can attend one of our Type 1 Events, giving them the encouragement, advice and confidence they need to live well with diabetes.



## Our campaigns change lives

We don't stop fighting for people with diabetes. We win big victories like changing the law so schools in England have to give the right care for children with Type 1 diabetes. We work with our supporters to make change happen locally. And we work with the NHS to make sure care keeps getting better for everyone with diabetes.

[www.diabetes.org.uk/campaigns](http://www.diabetes.org.uk/campaigns)

**“I have been campaigning for many years and seen some remarkable improvements. By working together with local people and the NHS, I've been able to make a real difference to diabetes care in my area.”**

Fred, Diabetes UK campaigner

We know there is an awful lot more we need to do before everyone is living confidently with their diabetes. Your support means we can keep making change happen.

# Fundraising your way means we can:

- dramatically improve diabetes care
- help everyone to manage their diabetes
- increase spending on diabetes research
- achieve a world where diabetes can do no harm.

## Thank you.

To find out more about  
the difference your  
fundraising will make visit  
[www.diabetes.org.uk/  
how\\_we\\_help](http://www.diabetes.org.uk/how_we_help)

Join **#TeamDUK**



**/diabetesuk**



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REGULATOR**