

# Omagh Area Diabetes Group



## Are you or a family member living with diabetes?

Our group connects people living with diabetes to share experience and offer support

Wednesday 24th January	“Knowledge is Power” Q & A session with local Paediatric Nurse and Diabetes Nurse
Wednesday 21st February	Cookery Demonstration with Adrian Fletcher
Wednesday 21st March	Hypo Awareness Dog—Hear all about the great work of hypo awareness dogs from NIAD
Wednesday 25th April	“Technology available for Type 1 and Type 2 Diabetes”
Wednesday 23rd May	“Understanding food and diabetes” Local dietician
Wednesday 20th June	Social Evening—TBC

**All meetings take place at Omagh Fire Station  
At 7.30pm**



Join Omagh Area Diabetes Support Group on Facebook

For further information contact us on:  
0289066 6646

**DIABETES UK**  
NORTHERN IRELAND