### Wednesday, 14 March 2018

**Key**  
BS Basic science  
CS Clinical science  
PC Primary care  
SC Secondary care  
Awards sessions  
Oral abstract sessions  
Plenary sessions  
Symposia sessions  
Name lectures  
Poster sessions  
Breaks

#### From 7.45  
Registration, exhibition and posters

**8.45 – 10.25**  
**ICC Auditorium**  
Opening plenary  
8.45 Opening words  
Chris Askew, Diabetes UK  
**Cardiovascular risk reduction in diabetes: Maximising patient benefits (CS, PC, SC)**  
Chair: Naveed Sattar, Glasgow  
8.55 Epidemiology: The burden of cardiovascular disease in people with diabetes – Martin Rutter, Manchester  
9.13 New clinical trials: The promise of added benefit – David Preiss, Oxford  
9.49 A patients perspective on cardiovascular disease risk reduction in diabetes – David Garrell, Dundee  
10.07 Open discussion

**10.25 – 10.55**  
**ICC Auditorium**  
Plenary session with Simon Stevens  
Chair: Chris Askew, Diabetes UK  
Simon Stevens, NHS England  
10.55 – 11.35  
Coffee, exhibition and posters

**10.55 – 11.35**  
Coffee, exhibition and posters

**11.35 – 12.35/13.05**  
**ICC Auditorium**  
Diabetes UK’s evidence based nutrition guidelines for the prevention and management of diabetes (CS, PC, SC)  
Chair: Pamela Dyson, Oxford and Douglas Twenefour, Diabetes UK  
11.35 How were the new nutritional guidelines devised, and what are the main differences from previous guidelines?  
Douglas Twenefour, Diabetes UK  
11.55 What’s new? Dietary advice for ethnic populations  
Louise Goff, London  
12.15 What’s new? Foods for prevention of Type 2 diabetes  
Pamela Dyson, Oxford  
12.30 What’s new? Foods for glycaemic control and cardiovascular disease prevention  
Duane Millor, Coventry  
12.50 Panel discussion and questions from the floor  
In app voting will be used in this session

**Rooms 8–11**  
11.35–13.05  
Inpatient care and the National Diabetes Inpatient Audit (NaDIA) (CS, SC)  
Chair: David Jones, Diabetes UK  
11.35 2017 NaDIA results: How are we doing?  
Gerry Rayman, Ipswich  
12.05 What can we do to improve diabetes inpatient care: The evidence for inpatient diabetes teams  
Funke Akiboye, Ipswich and Marion Kerr  
12.35 How can we sustain this improvement: The Improving Inpatient Care Roadmap  
Emily Watts, Diabetes UK  

**Rooms 7 and 12**  
11.35–12.35  
The REPOSE trial of insulin pump therapy vs. education in clinical context (CS, SC)  
Chair: Partha Kar, Portsmouth  
11.35 The REPOSE trial: Rationale, results and conclusions  
Simon Heller, Sheffield  
11.55 Response to REPOSE, clinical context, NICE and the future of CSII  
Emma Wilmut, Derby  
12.15 Discussion

**Rooms 3 and 4**  
11.35–12.35  
Diabetes and cancer (CS, SC)  
Chair: Steve Bain, Swansea  
11.35 Epidemiology and associations  
Elio Riboli, London  
11.55 Pathophysiology of cancer in diabetes and diabetes in cancer  
Daniel Morganstein, London  
12.15 Diabetes treatments associated with cancer risk  
Peter Boyle, Lyon, France

**Arena (Exhibition Hall)**  
11.35–12.35  
Weaving psychological principles into routine care  
Chairs: Debbie Cooke, Surrey and Jane Speight, Melbourne, Australia  
11.35 “I feel confident bringing out psychological issues, but I don’t know what to do next”  
Christel Hendrieckx, Melbourne, Australia  
11.55 A digital platform integrating psychological methods into diabetes care  
Jan Nash, London and Lisa Newson, Liverpool  
12.15 Why language is so important in supporting people with diabetes  
Cathy Lloyd, Milton Keynes

**Room 14**  
11.35–13.05  
Population health (CS)  
Chair: Naresh Kanumilli, Manchester  
Orals x 6

**Room 17**  
11.35–13.05  
Workshop: Hyperglycaemia: Causes, effects, prevention and treatment  
Facilitators: Jane Diggle, South Kirkby, Su Down, Somerset and Brian Frier, Edinburgh

**Rooms 15 and 16**  
11.35–12.35  
Sponsored symposia: Are clinicians’ preconceptions around SGLT2 inhibitors preventing optimal care?  
Kindly sponsored by NAPP Pharmaceuticals  
Please note this session is not eligible for accreditation  
Please see page 37 for more information

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From 7.45 Registration, exhibition and posters
**Wednesday, 14 March 2018**

### 12.35 – 14.45 Lunch, exhibition and posters

**Lunchtime sessions**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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</thead>
<tbody>
<tr>
<td>13.15–14.10</td>
<td>Diabetes UK professional interest groups (see page 25 for full details)</td>
</tr>
<tr>
<td></td>
<td>Consultants and specialist trainees Facilitator: Mayank Patel, Southampton</td>
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<tr>
<td></td>
<td>Diabetes Specialist Nurses Facilitator: Helen Atkins, Leicester</td>
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<td></td>
<td>Primary Care Facilitators: David Millar-Jones, Cwmbran,</td>
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<td></td>
<td>Nicola Milne, Manchester and Paul Newman, Glasgow</td>
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**Room 6**

**Room 14**

### 14.15/14.45 - 15.45

**ICC Auditorium**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>14.15–15.45</td>
<td>Clinical trials update: Injectable agents (CS, PC, SC)</td>
</tr>
<tr>
<td></td>
<td>Chairs: Clifford Bailey, Birmingham and Parth Narendran, Birmingham</td>
</tr>
<tr>
<td>14.15 DEVOTE: Long acting insulin therapies and cardiovascular outcomes</td>
<td>Simona Heter, Sheffield</td>
</tr>
<tr>
<td>14.45 EXSCEL: GLP1 analogues and cardiovascular outcomes</td>
<td>Rury Holman, Oxford</td>
</tr>
<tr>
<td>15.15 LEADER: GLP1 analogues and renal outcomes</td>
<td>Steve Bain, Swansea</td>
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**Rooms 8–11**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>14.45–15.45</td>
<td>Diabetes management of South Asian people in the UK (CS, PC, SC)</td>
</tr>
<tr>
<td></td>
<td>Chairs: Julie Abayomi, Liverpool and Debbie Cooke, Surrey</td>
</tr>
<tr>
<td>15.00 Health professionals cultural competency: Delivering diabetes care to South Asian patients</td>
<td>Tasneem Patel, Liverpool</td>
</tr>
<tr>
<td>15.15 The dietary management of South Asian people with diabetes</td>
<td>Louise Goff, London</td>
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<tr>
<td>15.30 Panel discussion and questions from the floor</td>
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</table>

**Rooms 7 and 12**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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</thead>
<tbody>
<tr>
<td>14.45–15.45</td>
<td>Managing older adults with diabetes (CS, PC, SC)</td>
</tr>
<tr>
<td></td>
<td>Chair: Alan Sinclair, Droitwich</td>
</tr>
<tr>
<td>14.45 Key priorities in managing older adults with diabetes in primary care</td>
<td>Clare Hambling, King's Lynn</td>
</tr>
<tr>
<td>15.05 Glucose regulation: What is a sensible and safe target range and what factors influence the clinician making this decision?</td>
<td>Anthony Barnett, Birmingham</td>
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</tbody>
</table>

**Rooms 3 and 4**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>14.45–15.45</td>
<td>Diabetes and cancer care for primary care (CS, PC)</td>
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<tr>
<td></td>
<td>Chair: Helen Atkins, Leicester and Nicola Milne, Manchester</td>
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<tr>
<td>14.45 The challenges of managing patients with diabetes and those at risk of developing diabetes alongside cancer</td>
<td>Louise Hopewell, Manchester</td>
</tr>
<tr>
<td>15.05 Macmillan guidance: A much needed beacon Paul Newman, Glasgow</td>
<td>Angus Forbes, London</td>
</tr>
<tr>
<td>15.25 A patient’s experience: Overcoming the difficulties of combined diabetes and cancer</td>
<td>Lynn Newman, Glasgow</td>
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**Room 14**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>14.15–15.45</td>
<td>Diabetes UK Education and Self-management Award</td>
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<tr>
<td></td>
<td>Charing judge: Duane Melko, Coventry</td>
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<td></td>
<td>Judging: Rachel Berrington, Leicester and Sarah Gregory, Margate</td>
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**Room 17**

### 15.50 – 16.30

**Rooms 8–11**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>15.50–16.30</td>
<td>Arnold Bloom Lecture</td>
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<td>Chair: Jonathan Valabhai, London</td>
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<td></td>
<td>Getting the measure of diabetes</td>
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<td>Bob Young, Salford</td>
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**ICC Auditorium**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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</thead>
<tbody>
<tr>
<td>15.50–16.30</td>
<td>Rank Nutrition Lecture in honour of Harry Keen (CS, PC, SC)</td>
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<tr>
<td></td>
<td>Chair: Nita Forouhi, Cambridge</td>
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<tr>
<td></td>
<td>Obesity and diabetes: Understanding risks and benefits through epidemiology and trials</td>
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</tbody>
</table>

### 16.30 – 17.00

**Exhibition and posters**

**Room 14**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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</thead>
<tbody>
<tr>
<td>16.30–17.00</td>
<td>Diabetes UK Nursing and Allied Healthcare Professional Diabetes Research Award</td>
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<tr>
<td></td>
<td>Charing judge: Anne-Marie Felton, London</td>
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<tr>
<td></td>
<td>Judges: Helen Atkins, Leicester and Julie Blake, Liverpool</td>
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**Room 15 and 16**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>14.15–15.45</td>
<td>Sponsored symposia: Is it time to move beyond HbA1c?</td>
</tr>
<tr>
<td></td>
<td>Kindly sponsored by Sanofi</td>
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<td></td>
<td>Please note this session is not eligible for accreditation</td>
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<td></td>
<td>Please see page 37 for more information</td>
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</tbody>
</table>
### Key

- **BS** Basic science
- **CS** Clinical science
- **PC** Primary care
- **SC** Secondary care

### Awards sessions

- Diabetes UK professional interest groups
- Plenary sessions
- Poster sessions
- Named lectures

### Satellite symposia

18.30–20.00 Room 1

**Metabolic surgery for Type 2 diabetes: Right patient, right treatment, right time**

Ethicon

Please note this session is not eligible for accreditation

### Wednesday, 14 March 2018

#### ICC Auditorium

**Clinical trials update: Orals agents (CS, PC, SC)**

Chairs: Clifford Bailey, Birmingham and Parth Narendran, Birmingham

17.00 CANVAS: SGLT2 inhibitors and cardiovascular outcomes

David Matthews, Oxford

17.30 REMOVAL: Metformin for Type 1 diabetes

John Petrie, Glasgow

18.00 INTANDEM and DEPICT: SGLT inhibition for Type 1 diabetes

Melanie Davies, Leicester

#### Rooms 8–11

**All carbohydrates are not equal (CS, PC, SC)**

Chairs: Julie Abayomi, Liverpool and Douglas Twerenclouf, Diabetes UK

17.00 Hidden and unexpected carbohydrates

Duane Mellor, Coventry

17.25 Resistant starch: A dietary fibre in disguise

Denise Robertson, Surrey

17.50 Play your carbs right: Quantity and quality of carbohydrates in cardio-metabolic risk in Type 1 and Type 2 diabetes

Ian Davies, Liverpool

18.15 Panel discussion and questions from the floor

#### Rooms 7 and 12

**ABCD Type 1 Diabetes Clinical Collaborative-UK (ABCD T1DCC-UK) (CS, SC)**

Chair: Rob Gregory, Leicester

17.00 ABCD T1DCC-UK: What’s it all about?

Rob Gregory, Leicester

17.10 Diabetes Technology Network UK (DTN-UK) (New insulin pump guidelines, FSL and CGM)

Emma Wilmot, Derby

17.30 Type 1 metrics and quality improvement: The Type 1 Service Audit

Anne Kilmart, Northampton

17.45 The future of education for people with Type 1 diabetes

DAFNE: Helen Hopkinson, Glasgow

**Type 1 resources**

Sophie Harris, London

**Digital Education**

Partha Kar, Portsmouth

18.15 Panel discussion and questions

#### Rooms 3 and 4

**Let’s talk about sex (CS, PC, SC)**

Chair: Debbie Cooke, Surrey

17.00 Chair’s introduction

Debbie Cooke, Surrey

17.10 Talking (or not) about sex: Some implications for patient support

Roger Ingham, Southampton

17.45 Sexual healing in the diabetes clinic: What do women want? And why can’t we talk about it?

Jackie Fosbury, Brighton

18.20 Discussion and questions

#### Room 14

**Cardiovascular (CS)**

Chairs: Rajesh Peter, Swansea and Sam Rice, Llanelli

**Orals x 6**

#### Rooms 15 and 16

**Workshop: Diabetes conundrums: Steroid therapy and glycaemia management, end of life care in diabetes**

Chair: Dan Howarth, Diabetes UK

Facilitator: June James, Leicester

#### Room 17

**Orals x 6**

**Room 15 and 16**

**Case reports (CS)**

Chairs: Rajesh Peter, Swansea and Sam Rice, Llanelli

**Orals x 6**

**Satellite symposia**

18.30–20.00 Room 1

**Metabolic surgery for Type 2 diabetes: Right patient, right treatment, right time**

Ethicon

Please note this session is not eligible for accreditation
**Thursday, 15 March 2018**

**From 7.45** | Registration, exhibition and posters
---|---

**8.30–9.10** | **ICC Auditorium**
- **RD Lawrence Lecture**
  
  **Chair:** Andrew Hattersley, Exeter
  Using the genomic key to unlock the secrets of diabetes
  Michael Weedon, Exeter
  
**9.10–10.10** | **ICC Auditorium**
- **Getting the diagnosis right** *(CS, PC, SC)*
  
  **Chair:** Anne Dornhorst, London
  9.10 *The changing presentation of Type 1 diabetes: What ADDRESS-2 is telling us*
  Helen Walkey, London
  9.50 *Diagnostic puzzles in paediatrics – Rachel Bassir, Oxford*

**10.10–10.55** | Coffee, exhibition and posters

**10.55–11.35** | **ICC Auditorium**
- **Banting Memorial Lecture**
  
  **Chair:** Noel Morgan, Exeter
  Diagnosing diabetes subtypes improves clinical care
  Andrew Hattersley, Exeter

**11.40–12.40/13.10** | **ICC Auditorium**
- **The Diabetes Remission Clinical Trial (DIRECT)** *(CS, PC, SC)*
  
  **Chair:** Naveed Sattar, Glasgow
  11.40 *DIRECT clinical outcomes at 1 year*
  Michael Lean, Glasgow
  11.55 *Personal insight: What it was like to take part in DIRECT*
  David Paul, Newcastle upon Tyne
  12.10 *DIRECT in Primary Care – Alison Barnes, Newcastle upon Tyne*
  12.25 *Against all odds: How and why do patients succeed in dietary diabetes remission*
  Falko Sniehotta, Newcastle upon Tyne
  12.45 *Understanding the how and why of remission*
  Royal Taylor, Newcastle upon Tyne

**Rooms 8–11**
- **11.40–12.40**
  *Controversies in the nutritional management of Type 1 diabetes in children: Is it fat, protein or carbohydrate? (CS, SC)*
  **Chairs:** Martha Ford-Adams, London and Karen Ross, Oxford
  11.40 *How much carbohydrate do you actually need?*
  Francesca Annan, London
  12.05 *Carbs, protein and fats: Do they count?*
  Carmel Smart, Callaghan, Australia
  12.30 *Open discussion*

**Rooms 7 and 12**
- **11.40–12.40**
  *Basic Science Keynote Lecture (BS)*
  **Chair:** Anna Gloyn, Oxford
  After the flood: What have we learnt from GWAS studies for Type 2 diabetes?
  Guy Rutter, London
  
**Rooms 3 and 4**
- **11.40–12.40**
  *Diagnosis of infection in the diabetic foot (BS, CS, SC)*
  **Chair:** Deborah Modha, Leicester
  11.40 *Diagnosis of soft tissue infection*
  Andrew Seaton, Glasgow
  12.00 *Diagnosis of osteomyelitis*
  Frances Game, Derby
  12.20 *The microbiome of diabetic foot ulcers*
  Tim Skian, Nottingham

**Rooms 14 and Arena**
- **11.40–12.40**
  *Understanding distress and depression in diabetes (CS)*
  **Chair:** Anne Dornhorst, London
  Orals x 4

**Room 15 and 16**
- **11.40–12.40**
  *Sponsored symposia: How small changes can make a big difference – Tackling clinical inertia with behavioural science*
  **Kindly sponsored by Eli Lilly**
  Please note this session is not eligible for accreditation
  Please see page 55 for more information

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**Room 17**
- **11.40–13.10**
  *Pregnancy (CS)*
  **Chair:** Anne Dornhorst, London
  Orals x 6

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**Room 18**
- **11.40–12.40**
  *Workshop: Common co-morbidities, frailty and polypharmacy in diabetes*
  **Facilitator:** Kevin Fernandes, North Berwick
  Orals x 6

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**Diabetes UK Primary Care Poster Award**
Chairing judge: Charles Gostling, Lewisham
Judges: Kate Fayer, Eastleigh and Nicola Milne, Manchester
Orals x 4
### Thursday, 15 March 2018

#### 12.40–14.50 Lunch, exhibition and posters

**Lunchtime sessions**

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<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>12.20–14.15</td>
<td>Diabetes UK professional interest groups (please see page 26 for full details)</td>
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<tr>
<td>13.20</td>
<td>Paediatrics Facilitator: Fiona Campbell, Leeds</td>
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<td>13.20</td>
<td>Podiatrists Facilitators: Paul Chadwick, Salford and Joanne McCarrid, Edinburgh</td>
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<td>13.20</td>
<td>Practising Pharmacists Philip Newland-Jones, Southampton</td>
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<td>13.20</td>
<td>Psychosocial care Facilitator: Daniel Zah, Oxford</td>
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<tr>
<td>13.20</td>
<td>Research Nurses Facilitator: Sharon Tovey, Bristol</td>
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**Product Theatre**

- Located in the Exhibition Hall, the theatre showcases new products and services, helping you learn about the latest treatments and therapies available to your patients. See page 90 for full details.

#### 14.20/14.50

**IC Auditorium**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>14.40–15.50</td>
<td>Debate: In light of real world evidence should SGLT2 inhibitors now be initiated as first choice oral therapy? (CS, PC, SC)</td>
</tr>
<tr>
<td>14.40</td>
<td>Chairs: Nicola Milne, Manchester and Paul Newman, Glasgow</td>
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<tr>
<td>14.40</td>
<td>For</td>
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<tr>
<td>14.40</td>
<td>Karine Brunt, Leicester</td>
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<tr>
<td>14.40</td>
<td>Against</td>
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<tr>
<td>14.40</td>
<td>Philip Newland-Jones, Southampton</td>
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In app voting will be used in this session.

#### 14.20–15.50 Rooms 8–11

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>14.20–15.50</td>
<td>Type 2 diabetes in children: Are we experts in it yet? (CS, SC)</td>
</tr>
<tr>
<td>14.20</td>
<td>Chairs: Tim Barrett, Birmingham and Alok Gupta, Dartford</td>
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<tr>
<td>14.20</td>
<td>14.20 What can adult physicians teach us about Type 2 diabetes? Sofia Salihuddin, Birmingham</td>
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<tr>
<td>14.20</td>
<td>14.45 Type 2 diabetes in adolescents: Is it the same as in adults? Billy White, London</td>
</tr>
<tr>
<td>14.20</td>
<td>15.10 Metabolic surgery in Type 2 diabetes and obesity in children and young adults Francesco Ribino, London</td>
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<tr>
<td>14.20</td>
<td>15.35 Open discussion</td>
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#### 14.20–15.50 Rooms 7 and 12

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<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>14.20–14.20</td>
<td>QIC Diabetes: SHOWCASING new and sustainable ways of tackling the same problems, supporting better results for your patients, doing more with less (CS, SC, PC)</td>
</tr>
<tr>
<td>14.20</td>
<td>Chair: Sheila Smyth, Wivenhoe</td>
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<tr>
<td>14.20</td>
<td>Welcome – Sheila Smyth, Wivenhoe</td>
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<tr>
<td>14.20</td>
<td>13.45 Tackling the toughest of times – Jackie Elliott, Sheffield</td>
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<tr>
<td>14.20</td>
<td>13.55 Questions</td>
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<tr>
<td>14.20</td>
<td>14.10 How to enter QIC Diabetes – Siobhan Thwaites, Bookham</td>
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#### 14.20–15.50 Rooms 7 and 12

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>14.20–15.50</td>
<td>Gut microbiota and diabetes (BS)</td>
</tr>
<tr>
<td>14.20</td>
<td>Chairs: Isabell Lederer, London and Elizabeth Robertson, Diabetes UK</td>
</tr>
<tr>
<td>14.20</td>
<td>14.20 Role of gut microbiota on incretin and mealtime action Remy Burcelin, Toulouse, France</td>
</tr>
<tr>
<td>14.20</td>
<td>14.50 Microbiome and metabolites, from markers to mechanism targets for disease progression in Type 2 diabetes and obesity Marc Duntsch, London</td>
</tr>
<tr>
<td>14.20</td>
<td>15.20 Using donor faecal microbial transplantation to dissect causality of gut microbiota in human insulin resistance Max Neuveld, Amsterdam, the Netherlands</td>
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#### 14.50–15.50 Rooms 14

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>14.50–15.50</td>
<td>Psychological perspectives on hypoglycaemia (CS, PC, SC)</td>
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<tr>
<td>14.50</td>
<td>Chairs: Debbie Cooke, Suamy and Simon Heter, Sheffield</td>
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<tr>
<td>14.50</td>
<td>14.50 Fear of hypoglycaemia: What have we learned in 30 years about the psychological impact of hypoglycaemia? Linda Sonder-Fredrick, Virginia, USA</td>
</tr>
<tr>
<td>14.50</td>
<td>15.10 Avoiding severe hypoglycaemia: Rethinking our focus on the long-term complications Jane Speight, Melbourne, Australia</td>
</tr>
<tr>
<td>14.50</td>
<td>15.30 Avoiding severe hypoglycaemia: Training health care professionals to have different conversations in the HARPdoc trial Nicole de Zoyla, London</td>
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#### 14.50–15.50 Rooms 12

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>14.50–15.50</td>
<td>Science in clinical practice 1</td>
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<tr>
<td>14.50</td>
<td>Chairs: Helen Murphy, Cambridge and Parth Narenderan, Birmingham</td>
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<tr>
<td>14.50</td>
<td>14.50–15.50 Diabetes UK Type 2 Research Award Chairing judge: John Wilding, Liverpool</td>
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<td>14.50</td>
<td>Judges: Rob Andrews, Exeter and David Priss, Oxford</td>
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<td>14.50</td>
<td>Orals x 6</td>
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**Diabetes UK Professional Conference 2018 Conference Guide**
## Thursday, 15 March 2018

### 15.55–16.35
**ICC Auditorium**

**Janet Kinson Lecture (CS)**
- Chair: Partha Kar, Portsmouth
- Education in diabetes: Finding the words and the way
  - Mayank Patel, Southampton

**Key**
- BS Basic science
- CS Clinical science
- PC Primary care
- SC Secondary care

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### Room 14

15.55–16.55
**Beta cells and islets (BS)**
- Chair: Guy Rutter, London
- Orals x 4

### 16.35–17.05
**Exhibition and posters**

### 17.05–18.35
**ICC Auditorium**

**Closed loop insulin delivery systems: Who first? (CS, SC)**
- Chair: Lalantha Leelarathna, Manchester
- 17.05 Patients with hypoglycaemia
  - Michael Rickels, Philadelphia, USA
- 17.30 Diabetes pregnancy
  - Helen Murphy, Cambridge
- 17.55 Automating inpatient glucose control: Addressing the unmet need in the general wards
  - Hood Thabit, Manchester
- 18.20 Discussion

Room 14

15.55–16.55
**Beta cells and islets (BS)**
- Chair: Guy Rutter, London
- Orals x 4

**Rooms 8–11**

**Shaping the future of diabetes research: the Clinical Studies Groups (CSG) and James Lind Alliance priorities (BS, CS)**
- Chair: Sally Marshall, Newcastle upon Tyne
- 17.05 Welcome and reflections
  - Sally Marshall, Newcastle upon Tyne
- 17.10 The top 10 research priorities for Type 1 and Type 2 diabetes
  - Katherine Cowan, Southampton and John Petrie, Glasgow
- 17.30 Making research priorities user-centric
  - Stephen Baley, Hook
- 17.40 Emerging diabetes research priorities CSG Chairs
- 18.05 Next steps
  - Elizabeth Robertson, Diabetes UK
- 18.15 Questions CSG Chairs

**Rooms 7 and 12**

**Improving the structure of care of existing foot ulcers (CS, SC)**
- Chair: Bob Young, Salford
- 17.05 Routine examination of ECGs in all new diabetic foot ulcer referrals
  - Alison Musgrove, Nottingham and Jonathan Valabhji, London
- 17.20 Long term outcome in 17353 people with feet at high risk
  - Graham Leese, Dundee
- 17.40 Effects of changing the structure of diabetic foot care pathways
  - Richard Paisley, Torbay
- 17.55 Geographic variation in outcome persists in case-mix adjusted data from England
  - Emma Baron, Public Health England
- 18.15 The National Diabetic Footcare Audit 2014–2017
  - William Jeffcoate, Nottingham

**Rooms 3 and 4**

**Hypoglycaemia (CS)**
- Chair: Robert Lindsay, Glasgow
- 17.05–17.50 and 17.50–18.35 Advanced CGM training in day to day management of children with Type 1 diabetes (CS, SC)
  - Chris Moudiotis, Exeter

**Rooms 15 and 16**

17.05–17.50 and 17.50–18.35
**Diabetes risk factors and complications (CS)**
- Chair: Shivani Misra, London
- Orals x 6

**Room 6**

17.05–17.50 and 17.50–18.35
**Language of diabetes (CS, SC)**
- Peter Hindmarsh, London and Jane Speight, Melbourne, Australia

### Satellite symposia

18.35–19.35 **Room 1**

**The Omnipod Insulin Management System: Real-world use and future innovation**
- Insulet Corporation

Please note this session is not eligible for accreditation.

**Rooms 15 and 16**

**Diabetes risk factors and complications (CS)**
- Chair: Shivani Misra, London
- Orals x 6

**Room 14**

**Diabetes UK exhibition stand (Exhibition Hall)**

Meet our Clinical Champions
Want to improve diabetes care? Find out about our Clinical Champions Programme

**Rooms 14 and 15**

**Advanced CGM training in day to day management of children with Type 1 diabetes (CS, SC)**
- Chris Moudiotis, Exeter

**Rooms 3 and 4**

**Hypoglycaemia (CS)**
- Chair: Robert Lindsay, Glasgow
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**Rooms 15 and 16**

17.05–17.50 and 17.50–18.35
**Diabetes risk factors and complications (CS)**
- Chair: Shivani Misra, London
- Orals x 6

### Room 6**

17.05–17.50 and 17.50–18.35
**Language of diabetes (CS, SC)**
- Peter Hindmarsh, London and Jane Speight, Melbourne, Australia

**Room 17**

**Workshop: Building and communicating a compelling case for change**
- Facilitator: Tamsyn Nichol, Diabetes UK
Friday, 16 March 2018

From 7.45 Registration, exhibition and posters

8.30–10.00

**ICC Auditorium**

**Sleep: Are your patients getting enough and at the right time? (CS, PC, SC)**
Chair: Debra Skene, Surrey

- 8.30 Function of sleep and its relevance to diabetes – Mary Morrell, London
- 8.50 Sleep timing, shift work and its impact on diabetes and cardiovascular disease risk – Frank Scheer, Boston, USA
- 9.10 Sleep duration and quality: Relationships with glucose levels and opportunities for intervention – Franco Cappuccio, Warwick
- 9.30 Perspectives from people with diabetes – Sufyan Hussain, London
- 9.50 Discussion

10.00–10.40

**Dorothy Hodgkin Lecture**
Chair: Colin Dayan, Cardiff

Insights into the immune pathogenesis of Type 1 diabetes – Susan Wong, Cardiff

10.40–11.10

Coffee, exhibition and posters

11.10–12.40

**ICC Auditorium**

**Hot Topics 1 (CS, PC, SC)**
Supported by Diabetic Medicine

- 11.10 Translating DIRECT to practice: Is the evidence sufficient? – Steve Bain, Swansea
- 11.32 TZDs: Where are we now? – Clifford Bailey, Exeter
- 11.54 NASH: When do I refer? What should I measure? – Quentin Anstee, Newcastle upon Tyne

**Diabetic Medicine symposium: The National Diabetes in Pregnancy (NDIP) audit: Challenges and opportunities for improving pregnancy outcomes (CS, SC)**

- Chairs: Anne Domnhorst, London and Richard Holt, Southampton
- 11.10 Lessons to be learned from the pregnancy audit – Nick Lewis-Barned, North Shields
- 11.30 Improving care after adverse pregnancy outcome – Ruth Bell, Newcastle upon Tyne
- 11.50 How to improve preconception care – Rita Fonse, London
- 12.10 Achieving glycaemic control and targets – Helen Murphy, Cambridge
- 12.30 Discussion

**Immunology of Type 1 and Type 2 diabetes (BS, SC)**

- Chairs: Parth Narendran, Birmingham and Mark Peake, London
- 11.10 Peptide immunotherapy for preserving beta cells in newly diagnosed people with Type 1 diabetes: Recent trial data and the way forward – Colin Dayan, Cardiff
- 11.40 Arresting Type 1 diabetes: Are we there yet? – Chantal Mathieu, Leuven, Belgium
- 12.10 Lifestyle approaches to modulating beta cell inflammation: Mechanistic studies – Décio L. Eizirik, Brussels, Belgium

10.40–11.10

**Rooms 8–11**

**Microvascular (CS)**
Chair: Agnieszka Falinska, London

Orals x 6

11.10–12.10

**Rooms 7 and 12**

**Science in clinical practice 2 (CS)**
Chairs: Parijat De, Birmingham and Martin Rutter, Manchester

Orals x 6

11.10–12.10

**Rooms 3 and 4**

**Arena (Exhibition Hall)**
Nick Hales Young Investigator Award (BS)
Chairing judge: Rory McCrimmon, Glasgow
Judges: Timothy Pullen, London and Alejandra Tomas, London

Orals x 6

11.10–12.10

**Room 14**

**Science in clinical practice 2 (CS)**
Chairs: Parijat De, Birmingham and Martin Rutter, Manchester

Orals x 6

11.10–12.10

**Room 17**

**Workshop: Working with people who are difficult to help**
Facilitators: Mark Davies, Belfast and Brona Roberts, Belfast

11.10–12.10

**Rooms 15 and 16**

**Sponsored symposia: Pancreatic Exocrine Insufficiency (PEI) in diabetes: The overlooked condition. Is IBS really the right diagnosis?**
Kindly sponsored by Mylan

Please note this session is not eligible for accreditation
Please see page 77 for more information

From 7.45 Registration, exhibition and posters
## Friday, 16 March 2018

### 12.40–13.50  Lunch, exhibition and posters

* **Poster session** Even numbered posters to be presented

- **12.50–13.45** Diabetes UK professional interest groups (see page 27 for full details)
- **Lunch provided**
- **Eye specialists Facilitators: Peter Scanlon, Oxford and Bridget Turner, Diabetes UK Room 14**
- **Midwives Facilitator: Jenny Roddy, Leeds Room 6**

### 13.50–14.05  ICC Auditorium

**Awards Ceremony**  
Chair: Peter Dixon, Diabetes UK

### 14.05–14.45  ICC Auditorium

**Mary MacKinnon Lecture**  
Chair: Partha Kar, Portsmouth  
Technology, telemedicine and social media are tools to improve health outcomes, education and patient engagement  
May Ng, Southport

### 14.50–15.50  ICC Auditorium

**Debate: Post-prandial hyperglycaemia: Important for patient care? (CS, PC, SC)**  
Chair: Michael Rickels, Philadelphia, USA  
14.50 Against  
John Petrie, Glasgow  
Mark Evans, Cambridge  
15.10 For  
Mark Evans, Cambridge  
15.30 Rebuttal  
15.40 Discussion

In app voting will be used in this session

### Key

- BS: Basic science
- CS: Clinical science
- PC: Primary care
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### Oral abstract sessions

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<td>14.50</td>
<td>Neurpathy: Nerves and brain</td>
<td>Fiona Loud</td>
<td>Room 14</td>
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<tr>
<td>15.10</td>
<td>Early intervention saves lives: Insights from the STENO-2 trial</td>
<td>Amy Rylance</td>
<td>Room 14</td>
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<td>15.15</td>
<td>Harnessing the power of the kidney with SGLT-2 inhibitors to improve outcomes in chronic kidney disease and diabetes</td>
<td>Patrick Mark</td>
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### Award sessions

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<td>13.50</td>
<td>Diabetes UK professional interest groups</td>
<td>Partha Kar</td>
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### Symposium sessions

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<td>Fiona Loud</td>
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### Breaks

- Lunch provided
- Poster sessions
- Workshops

### Workshops

<table>
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<tr>
<th>Session</th>
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<tbody>
<tr>
<td>14.50</td>
<td>Emerging roles of exosomes on islet function (BS)</td>
<td>Mathieu Latreille, London and Aida Martinez-Sanchez, London</td>
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<tr>
<td>15.20</td>
<td>Beta cell adaptation in pregnancy: Roles of placental exosomes</td>
<td>Luc Baeyens, Brussels, Belgium</td>
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</table>
### Rooms 8–11
**Technology update:**

**What’s new? (CS, PC, SC)**
- **Chair:** Hood Thabit, Manchester
- **15.55 CSII and bolus calculators**
  - Lakantha Leelarathna, Manchester
- **16.07 CGM and flash glucose monitoring**
  - Raimund Wiegassser, Salzburg, Austria
- **16.19 Implantable glucose sensors**
  - Pratik Choudhary, London
- **16.31 Closed loop insulin delivery and diaport**
  - Roman Novokva, Cambridge
- **16.43 Discussion**

**Rooms 7 and 12**
**Funding research, changing lives (BS, CS, PC, SC)**
- **Chair:** George Alberti, London
- **15.55 Welcome and reflections**
- **16.00 The genetics of Type 2 diabetes:**
  - Stephen O’Rahilly, Cambridge
- **16.15 Changing lives of people with Type 1 diabetes: From education to cell therapy**
  - Stephanie Ayers, London
- **16.30 UKPDS: Preventing complications almost thirty years on**
  - Ruvin Holman, Oxford
- **16.45 Closing words**
  - George Alberti, London

### Rooms 3 and 4
**The healthier you: NHS Diabetes Prevention Programme (NHS DPP): Progress to date (CS, PC, SC)**
- **Chair:** Jonathan Valabhji, London
- **15.55 Delivering the NHS DPP: Experiences so far**
- **16.15 In-house analysis of the NHS DPP**
  - Emma Barron, Public Health England and Tom Newbound, Public Health England
- **16.35 Digital pilot and next steps**
  - Matthew Fagg, NHS England

### Rooms 14
**Gastrointestinal disease and diabetes: Novel insights into associations and complications (CS, SC)**
- **Chair:** Jeffrey Stephens, Swansea
- **15.55 Should pancreatic exocrine function be tested in patients with diabetes**
  - Michael Cummings, Portsmouth
- **16.15 The gut: Diabetic autonomic gastroenteropathy: Diagnosis and management**
  - Royaz Malik, Doha, Qatar
- **16.35 The liver: Diabetes and liver disease**
  - Christopher Byrne, Southampton

### Room 17
**Workshop: Exercise and Type 1 diabetes**
- **15.55–16.05 1BloodyDrop and EXTOD101: A real world study of people with Type 1 diabetes running the Swansea Half Marathon**
  - Paul Coker, Cardiff
- **Followed by workshop session**
- **Facilitators:**
  - Rob Andrews, Exeter, Alistair Lumb, Oxford and Parth Narendran, Birmingham

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**Key**
- BS Basic science
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- SC Secondary care

### Breaks
- **Awards sessions**
- **Oral abstract sessions**
- **Diabetes UK professional interest groups**
- **Plenary sessions**
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- **Sponsored symposia sessions**