Diabetes UK Management Plan

Introduction

An electronic version of a personalised Diabetes UK Management Plan is available for completion in EMIS Web. The plan can be used to record the objectives and steps agreed with the patient and generate an [glossary_exclude]Information Prescription[/glossary_exclude].

The [glossary_exclude]Information Prescription[/glossary_exclude] can be printed out and given to the patient and an electronic version saved in the patient’s care record.

The Diabetes UK Management Plan protocols need to be activated and will generate a pop up alert for patients if they are pregnant, have a Kidney Disease or have a raised BP/HbA1c/Cholesterol value, and no record of a diabetes management plan in the last 6 months, no record of a eGFR or ACR test in the last 13 months and no record of a PHQ9 (Patient Health Questionnaire) recorded in the last 3 months.

What is an Information Prescription?

Information Prescriptions are designed to give people with diabetes the information that they need to understand and improve on their health targets. They are short (a single side of A4), easy to read and clinically accurate. They are designed to support care planning and behaviour change.

They are based on circumstances that can put people at high risk of complications. Examples can be downloaded from the following links:

- High HbA1c
- High blood pressure
- High cholesterol
- Kidney disease
- Keeping your kidneys healthy
- Contraception and pregnancy
- Mood
- Be active
Eat well

May 2018 updates

New Information Prescriptions

- Diabetes and Kidney disease
- Diabetes and Keeping your kidneys healthy
- Diabetes and Contraception and pregnancy
- Diabetes and Mood
- Diabetes and ‘Be active’
- Diabetes and ‘Eat well’

New search and report added to the EMIS Library

- Update of Diabetes UK PIPs search.
- Diabetes UK PIP Uptake Report.

Changes to the Print Diabetes [glossary_exclude]Information Prescription[/glossary_exclude] protocol

- You can now print multiple Information Prescriptions each time the protocol is used, previously you could only print one for each time the protocol was launched.
- The protocol will now add codes in the background for provision of written information plus free text referring to the Information Prescription that has been selected.
- The protocol will automatically add the code of Diabetes management plan given if at least one Information Prescription is generated.

Changes to the Diabetes Management Plan (DIABETES UK) alert protocol

- The protocol now checks whether a PHQ9 questionnaire score has been recorded in the past 3 months, and whether a eGFR or ACR test result has been recorded in the past 13 months, and will
generate an alert if not.

- The protocol now checks whether both an Information Prescription has been given and a Diabetes Management plan recorded on the same day within the past 6 months.

## How to activate the protocols

The management plan and print protocols have both been released inactive and must be activated in Template Manager. You will not receive the alerts, be able to complete the plan, or print Information Prescriptions until they are active.

They can be located in Template Manager > Templates & Protocols > EMIS Library > EMIS Protocols > Third Sector Partnerships > Diabetes UK.

Click here for step by step guidance.

1. Access Template Manager.
   
   Click , point to Configuration, select Template Manager.

2. In the navigation pane, ensure the Templates & Protocols tab is selected.

3. Expand the EMIS Library folder by clicking the icon.

4. Expand the EMIS Protocols folder by clicking the icon.

5. Expand the Third Sector Partnerships folder by clicking the icon.

6. Select the Diabetes UK folder.

7. Select the Diabetes Management Plan (DIABETES UK) protocol, then click Activate on the ribbon.

8. Select the Print Diabetes Information Prescription protocol, then click Activate on the ribbon.

Both protocols are now active.
Launch an Information Prescription using the alert

1. To offer the plan, double click on the alert in the bottom right hand corner.

Hover over the alert to display more information. In this example the patient has raised blood pressure and HbA1c, which is why these particular information prescriptions can be issued.

2. A consultation will be launched, check the properties, then click **OK**.
3. The Diabetes Information Prescription template will be launched, where you can record that a diabetes management plan has been agreed with the patient by ticking the relevant box, then click **Save.** This clears the alert and codes the patient with 661M4 (Diabetes self-management plan agreed). This code launches the Print Diabetes Information Prescription protocol.

4. After saving, a Multiple Choice Question prompt will appear asking if you want to print a Diabetic Information Prescription.

In this example the patient has raised cholesterol and it is recommended that they are offered information on kidney health, but they don’t have any other risk conditions at the moment.

5. Select the appropriate option and a mail merged personalised Information Prescription will be generated.

6. Within the Information Prescription, the [glossary_exclude]clinician[/glossary_exclude] can tick/check the appropriate boxes and type in the objectives and steps agreed with the patient.

7. Once you have completed the Information Prescription you will be able to select **File** and **Print** and give the paper copy to the patient.
8. You can then select **File** and **Save and Close** to add the electronic version to the patient’s care record.

**Launch an Information Prescription without the alert**

- If you have added the print protocol to the launcher, select F12 and double click on the Diabetes Information Prescription option.
- You can access an Information Prescription and launch the Multiple Choice Question by adding code 661M4 directly into the care record, or within a template.
- The EMIS Library Diabetes Chronic Disease Management template has been updated to include the action plan on the Management page.
- You can also add the plan by selecting Add > Document > Create Letter in Care Record.
The updated care record

Once you have saved the electronic version into the care record, the management plan will be recorded in the following areas:

- Consultations
- Care History
- Documents

The Information Prescription can be viewed or reprinted by double clicking on the attachment in either Consultations, Care History or Documents.

Depending on which option you selected, an equivalent code will be added to the patient when the Information Prescription is printed. These specific codes and associated text allow more detailed analysis of the type of Information Prescriptions issued.

Information Prescription codes

<table>
<thead>
<tr>
<th>Information Prescription</th>
<th>Code</th>
<th>Associated text</th>
</tr>
</thead>
</table>

Title: Diabetes UK Management Plan
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Last updated: 18 May 2018
<table>
<thead>
<tr>
<th>Condition</th>
<th>Code</th>
<th>Information Provided</th>
<th>None</th>
</tr>
</thead>
<tbody>
<tr>
<td>Diabetes and high blood pressure</td>
<td>8OAJ</td>
<td>Provision of written information about diabetes and high haemoglobin A1c level</td>
<td></td>
</tr>
<tr>
<td>Diabetes and high cholesterol</td>
<td>8OAH</td>
<td>Provision of written information about diabetes and high blood pressure</td>
<td>None</td>
</tr>
<tr>
<td>Diabetes and high HbA1c</td>
<td>8OAK</td>
<td>Provision of written information about diabetes and high cholesterol</td>
<td>None</td>
</tr>
<tr>
<td>Diabetes and kidney disease</td>
<td>8OA2</td>
<td>Provision of written information about diabetes and kidney disease</td>
<td>About diabetes and kidney disease</td>
</tr>
<tr>
<td>Diabetes and keeping your kidneys healthy</td>
<td>8OA2</td>
<td>Provision of written information about diabetes and healthy kidneys</td>
<td>About diabetes and healthy kidneys</td>
</tr>
<tr>
<td>Diabetes and contraception &amp; pregnancy</td>
<td>8OA2</td>
<td>Provision of written information about diabetes, pregnancy and contraception</td>
<td>About diabetes, pregnancy and contraception</td>
</tr>
<tr>
<td>Diabetes and mood</td>
<td>8OA2</td>
<td>Provision of written information about diabetes and low mood</td>
<td>About diabetes and low mood</td>
</tr>
<tr>
<td>Diabetes and ‘be active’</td>
<td>8OA2</td>
<td>Provision of written information about diabetes and ‘be active’</td>
<td>About diabetes and ‘be active’</td>
</tr>
<tr>
<td>Diabetes and ‘eat well’</td>
<td>8OA2</td>
<td>Provision of written information about diabetes and ‘eat well’</td>
<td>About diabetes and ‘eat well’</td>
</tr>
</tbody>
</table>

**Searches**

We’ve created some library searches to help you manage your Information Prescriptions.

You’ll find these searches here: EMIS Library > EMIS Clinical Utilities > Third Sector Partnerships > Diabetes UK > Diabetes Prescription Management Plan searches.

**Diabetes prescription management plan searches**
Other work with UK charities

Active and available:

- Asthma UK action plan
- Epilepsy Management Plan
- QCancer with Macmillan Cancer Support