Inspirational. The positive energy was palpable. People who were quite low came back with not just ideas but action plans on the road to success!".
2017 delegate
Karen Morton, DSN based in Hampshire, planned and implemented ‘virtual’ clinics with their community nursing colleagues. These virtual clinics are designed for peer education and aimed at improving knowledge and support community teams with their diabetes patients.

At their first clinic earlier this year, they discussed over 15 housebound patients and their diabetes care, identifying issues around insulin therapy and safety.

Excellent. A course that delivers a service improvement with support. I have the lever to make a service change now and also feel more confident/empowered by the other peers on the course. Very motivating.”
2017 Delegate

Elizabeth Dutch, DSN based in Wirral has been working with different community nursing teams within the area to improve diabetes care locally. The impact of her role and initiatives have led to:

• The local diabetes caseload being assessed and more efficient.
• Patient’s needs and care have been updated to provide optimum care provision.
• Patients have been empowered to take over their own care which has reduced the number of DSN visits. This has had a great cost saving of £58,000 per patient on a BD visit per annum
• Training to team members has improved
• Resources around diabetes and patient information has improved.

The Diabetes UK Tomorrow’s Leaders is a leadership programme for DSNs and dietitians that aims to give participants the skills and confidence they need to lead improvements in diabetes care. The programme not only supports participants to develop leadership skills, it also boosts their confidence and motivation to develop and deliver and high quality diabetes care.

*Novo Nordisk Limited has provided financial sponsorship for the Tomorrow's Leaders courses. Novo Nordisk has had no input into the programme content.
**Angela Murphy**, Diabetes Renal Clinical Nurse Specialist based in **Birmingham**, led on a unique collaborative initiative between Diabetes and Renal services to launch a project to improve time to referral, for diabetes foot complications, on the dialysis units. This was carried out through sign posting to existing pathways and unit based education. With an additional dialysis based project, introducing specific hypoglycaemia guidelines and boxes to all trust linked units.

**Nazia Bhatti**, Paediatric DSN based in **Cambridge** wanted to ensure that all paediatric nurses on the ward had basic knowledge and understanding when looking after children as an inpatient. Originally they had a modular, paper-based Diabetes education package.

Since attending the programme, Nazia, along with her colleague Helen, Paediatric Diabetes Specialist Support Nurse, has worked with other colleagues including staff nurses, ward managers and clinical practice facilitators to ensure that the requirements of the education programme would be suitable for nurses to complete online.

She has also worked with senior management, clinical governance lead, service leads and learning and development to get this proposal accepted. She and Helen have now designed six online modules, which are in the final stages of going live.

**Want to know more?**
**Email** healthcare@diabetes.org.uk
**Visit** [www.diabetes.org.uk/tomorrowsleaders](http://www.diabetes.org.uk/tomorrowsleaders)

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**Juliet Kean**, Diabetes Specialist Dietitian at **Kingston** is currently developing plans for a hospital wide campaign to highlight importance of appropriately feeding patients given insulin to reduce the incidence of hypoglycaemia, especially in enterally-fed patients. The campaign, due to launch later on in the year during Hypoglycaemia Awareness Week, will use simple but catchy posters and stickers to serve as an aide memoire for other members of staff.

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