



Type 1 Events

Dietitian Volunteer Role Description

Team: Type 1 Events Team

About Diabetes UK

As the UK's leading diabetes charity, our mission is that by bringing people together to work in partnership, we will support those living with diabetes, prevent Type 2 diabetes, make research breakthroughs, and ultimately find a cure.

About Type 1 Events Family Weekenders

Type 1 Family Weekenders offer a unique three-day experience for children and young people and their families. The parents have their own programme where they can meet other parents, share concerns and gain confidence and insight from our experienced volunteers. The children and young people have the opportunity to enjoy activities away from their parents, often for the first time, in a safe and fun environment. Plus the siblings of the children with Type 1 have the opportunity to share their experiences with other siblings.

About the Dietitian Volunteer role

Qualified dietitian volunteers are needed to support the children with Type 1 while they are away from their parents, including assisting with carbohydrate counting, treating hypos and ensuring any dietary requirements are being met.

Main tasks and activities

- Supporting the Lead Dietitian with carbohydrate counting, ensuring dietary requirements are met and treating hypos across the weekend
- Accompany the children while they are doing fun activities away from their parents providing specific support to the children allocated to your team(s)
- Oversee mealtimes and support children with carb counting and insulin dose adjustment
- Oversee blood glucose testing or treating hypos as appropriate and ensure these are appropriately recorded
- Help facilitate learning about carb counting in an informal and fun way
- Reinforce good diabetes practice as agreed with the team and within the Diabetes UK guidelines
- Be part of the team that supervises and monitors the children when they are away from their parents, to prioritise their safety and welfare and ensure they are all accounted for at all times
- Attend daily briefing meetings organised by the Event Organiser onsite
- Complete relevant online training modules as prescribed by Diabetes UK, prior to the event
- Arrive by 12.00pm on the Friday of the event in order to complete the pre-event training and induction
- Follow all Type 1 events procedures including safeguarding procedures
- Get involved and have fun!



About you

We are looking for qualified dietitians who are:

- Experienced in diabetes carbohydrate counting
- Experienced with Type 1 diabetes
- Confident to supervise a group of children with Type 1
- Able to multi task and manage the pressure that can come with a group of children and young people
- Enthusiastic and enjoy empowering children and young people.

What Diabetes UK can offer you

- The opportunity to be part of the Type 1 Events programme giving children and young people and families affected by Type 1 the time and space to gain confidence, share experiences and realise they are not alone
- Professional development and invaluable experience of being in the field with Type 1 management away from clinic and appointments!
- Support from the Diabetes UK Type 1 Events Team, clear volunteer guidelines and specific event training including safeguarding, diabetes management and your role at the event
- The opportunity to learn new skills
- Medical malpractice cover through the Diabetes UK insurance policy
- Reimbursement of reasonable travel costs to and from the event venue
- All food and accommodation during the event.

How to apply and next steps

Please apply by completing the application form [here](#).

Volunteers are selected on the basis of the application form and a value-based interview. Satisfactory references and criminal records check will also be required.

Once your application has been reviewed you will be invited to a Volunteer Recruitment Session where you will have a 30 minute interview, as well as the chance to learn more about volunteering and meet some experienced volunteers.

Then, once accepted, get ready to take on your event. It's going to be a lot of fun.

If you have any questions, please contact the Type 1 Events team at type1events@diabetes.org.uk