National Pregnancy in Diabetes Audit:
are services providing good quality care for women with diabetes in pregnancy?

Report at a glance 2016
The National Pregnancy in Diabetes audit measures the quality of care provided to women with diabetes through pre-conception, pregnancy and birth. The information in the audit is collected and submitted by staff in specialist services in England and Wales.

The results (of respondents to the 2016 audit)

**ENCOURAGING**

**TAKING POTENTIAL HARMFUL MEDICATIONS**
- **3.1%** in 2014
- **1.8%** in 2016

**IMPORTANCE OF GOOD GLUCOSE CONTROL**
In the vast majority of pregnancies for women with diabetes there are no adverse outcomes for the mother or the baby. Good glucose control reduces risks during pregnancy.

**IMPROVEMENT NEEDED**

**BEING WELL PREPARED FOR PREGNANCY**
- **1 IN 12** women had HbA1c below 48 mmol/mol, taking 5mg folic acid, not taking potentially harmful medication.

**HYPOGLYCAEMIA**
- **1 IN 10** women with Type 1 diabetes went into hospital with hypoglycaemia during their pregnancy.

**LGA BABIES FOR WOMEN WITH TYPE 1 DIABETES**
- **NEARLY 1 IN 2** babies were large for gestational age, which increases the risk of problems during birth.

**WE SAY**

The results of the 2016 audit show that there has been little or no improvement in the care for women with diabetes in pregnancy since the first audit in 2014. Few women are well prepared for pregnancy. This means an increased chance of complications for mothers and babies. There are big variations in pregnancy and pre-conception care between:

- different services
- women with Type 1 and Type 2 diabetes
- women of different ages, ethnicities and different levels of social deprivation

Finding out why will be an important part of improving care for women with diabetes.

**FOR MORE INFORMATION** on the National Pregnancy in Diabetes Audit 2016 please download the summary report, which also includes recommendations for people with diabetes. Visit the NHS Digital website to see the full report and the results for your local service.