

## UK Diabetes in Pregnancy Conference 2019: Promoting Longer Term Health

Bristol Ashton Gate, 21 November 2019

### PROGRAMME

- 08.00        **Registration and Coffee**
- 09.00        **Welcome and Introduction**  
Pete Shorrick, Head of Midlands & East of England, Diabetes UK  
Isy Douek (Taunton) & Natasha Thorogood (Bristol)
- SESSION 1**
- 09.15        **National Diabetes in Pregnancy QIP Collaborative update. National Diabetes in Pregnancy Audit.**  
Michael Sykes, NIHR Doctoral Research Fellow, Institute of Health and Society, Newcastle University  
Dr Nick Lewis-Barned, Consultant Diabetologist, Northumbria Healthcare NHS Foundation Trust
- 10.00        **How to prepare for pregnancy after bariatric surgery**  
Dr Isy Douek, Consultant Diabetologist, Taunton and Somerset NHS Foundation Trust.
- 10.30        **NHS England Diabetes in Pregnancy update**  
Prof Jonathan Valabhji, Consultant Diabetologist at St Mary's Hospital, Imperial College Healthcare NHS Trust in West London, National Clinical Director for Obesity and Diabetes at NHS England
- 11.00        **Diagnosing and treating Monogenic Diabetes in Pregnancy**  
Professor Andrew Hattersley FRCP FMedSci FRS, Gillings Chair of Precision Medicine, Professor of Molecular Medicine & Consultant Physician, University of Exeter Medical School
- 11.30        TEA, COFFEE and NETWORKING
- SESSION 2**
- 12.00        **Exercise in Pregnancy**  
Dr Natasha Hezelgrave, NIHR Doctoral Research Fellow, Biomedical Research Centre, Guy's and St Thomas' NHS Foundation Trust and King's College London
- 12.30        **What can continuous glucose monitoring (CGGMS & FSL) in pregnancy do for us and what it cannot.**  
Professor Helen Murphy, Professor of Medicine (Diabetes and Antenatal Care) at the University of East Anglia and Professor of Women's Health at Kings College London  
Professor Eleanor Scott, Professor of Diabetes and Maternal Health Leeds Institute of Cardiovascular and Metabolic Medicine, Leeds University and Leeds Teaching Hospitals NHS Trust
- 13.10        LUNCH, POSTERS and NETWORKING
- 14.10        **Oral presentations**  
3 presentations, 10 minutes each

- 14.40            **Association of Gestational Diabetes with Maternal Disorders of Glucose Metabolism and Childhood Adiposity (HAPO Follow Up Study)**  
Mr Michael Maresh, MD, FRCOG, Mary's Hospital, Manchester University Hospitals NHS Foundation Trust, Manchester Academic Health Sciences Centre, Manchester, England
- 15.10            **Macrosomia in patients with diabetes – is this always sugar's fault?**  
Dr Rachel Freathy, Sir Henry Dale Fellow, College of Medicine and Health, University of Exeter Medical School
- 15.40            TEA, COFFEE and NETWORKING
- 16.00            **Papers that have changed my practice in pregnancy**  
Dr Jonathan Webber, Consultant Diabetologist, University Hospitals Birmingham NHS Foundation Trust
- 16.30            MEETING CLOSE  
Pete Shorrick, Head of Midlands and East of England, Diabetes UK;  
Isy Douek (Taunton) & Natasha Thorogood (Bristol)