

# Hospital patients with diabetes

## Care support information

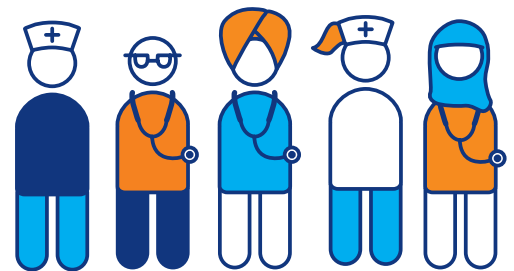
**It is important that your diabetes is cared for throughout your hospital stay. These tips will help you make sure that happens.**

- Talk to your doctor or nurse if you have any worries about your diabetes. And agree a plan for managing it while you're in hospital.
- Plan ahead and speak to your doctor or nurse about your discharge from hospital and managing your future diabetes care.



**Your nurses and doctors should make sure you get:**

- A foot examination to help keep your feet healthy.
- Support with self-management of medications, including insulin, and blood glucose (sugar) monitoring if you want to do this.
- Advice about avoiding and managing low blood sugars (hypos) or high blood sugars (hypers).
- Help in choosing meals and snacks, and making sure meal times are convenient.
- Seen by the diabetes inpatient team, if required.



**The diabetes inpatient team is here to help you while you're in hospital. Ask the ward staff to contact them if you need their support.**

### Diabetes inpatient team contact details

**Name** **Telephone**

**Location** **Email**

For information or support, you can call the Diabetes UK Helpline on **0345 123 2399\*** Monday to Friday, 9am to 6pm or go to **[www.diabetes.org.uk](http://www.diabetes.org.uk)**

\*Calls may be recorded for quality and training purposes.