## Programme

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Topic</th>
<th>Speaker(s)</th>
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<tbody>
<tr>
<td>08.00</td>
<td>Registration and coffee</td>
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<tr>
<td>09.00</td>
<td>Welcome and introduction</td>
<td>Pete Shorrick, Head of Midlands &amp; East of England, Diabetes UK</td>
<td>Isy Douek – Taunton &amp; Natasha Thorogood – Bristol</td>
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<td>10.00</td>
<td>How to prepare for pregnancy after bariatric surgery</td>
<td>Dr Isy Douek, Consultant Diabetologist, Taunton and Somerset NHS Foundation Trust.</td>
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<td>10.30</td>
<td>NHS England Diabetes in Pregnancy update</td>
<td>Prof Jonathan Valabhji, Consultant Diabetologist at St Mary's Hospital, Imperial College Healthcare NHS Trust in West London, National Clinical Director for Obesity and Diabetes at NHS England</td>
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<td>11.00</td>
<td>Diagnosing and treating Monogenic Diabetes in Pregnancy</td>
<td>Professor Andrew Hattersley FRCP FMedSci FRS, Gillings Chair of Precision Medicine, Professor of Molecular Medicine &amp; Consultant Physician, University of Exeter Medical School</td>
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<td>11.30</td>
<td>Tea, coffee and networking</td>
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<td>12.00</td>
<td>Exercise in Pregnancy</td>
<td>Dr Natasha Hezelgrave, NIHR Doctoral Research Fellow, Biomedical Research Centre, Guy’s and St Thomas’ NHS Foundation Trust and King’s College London</td>
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| 12.30 | What can continuous glucose monitoring (CGGMS & FSL) in pregnancy do for us and what it cannot. | Professor Helen Murphy, Professor of Medicine – Diabetes and Antenatal Care – at the University of East Anglia and Professor of Women’s Health at Kings College London  
Professor Eleanor Scott, Professor of Diabetes and Maternal Health, Leeds Institute of Cardiovascular and Metabolic Medicine, Leeds University and Leeds Teaching Hospitals NHS Trust |                                                                                                                                         |
| 12.45 | Lunch, posters and networking |                                                                 |                                                                                                                                         |
| 14.10 | Oral presentations | three presentations, 10 minutes each |                                                                                                                                         |
| 14.40 | Association of Gestational Diabetes with Maternal Disorders of Glucose Metabolism and Childhood Adiposity – HAPO Follow Up Study | Mr Michael Maresh, MD, FRCOG, Mary's Hospital, Manchester University Hospitals NHS Foundation Trust, Manchester Academic Health Sciences Centre, Manchester, England |                                                                                                                                         |
15.10  Macrosomia in patients with diabetes – is this always sugar’s fault?
Dr Rachel Freathy, Sir Henry Dale Fellow, College of Medicine and Health, University of Exeter Medical School

15.40  Tea, coffee and networking

Session 4

16.00  Papers that have changed my practice in pregnancy
Dr Jonathan Webber, Consultant Diabetologist, University Hospitals Birmingham NHS Foundation Trust

16.30  Meeting close
Pete Shorrick, Head of Midlands and East of England, Diabetes UK; Isy Douek – Taunton & Natasha Thorogood – Bristol

Call for abstracts

Abstract submissions are invited in the area of:
- Clinical case presentations
- Innovative practice
- Audit
- Research.

Abstracts – maximum of 250 words – should include names of authors – presenting author underlined – institution where work was undertaken, and a contact. Abstracts from all the healthcare disciplines are invited. Three abstracts will be selected for oral communication. Please indicate if poster presentation is preferred.

Awards will be given for the three best abstracts.

Closing date for abstracts: Friday 1st November 2019
Please submit all abstracts to saima.younas@diabetes.org.uk

Registration

Registration fees – including VAT
Midwives and nurses, dietitians, students, junior doctors: £75
Consultant, GP’s, speciality registrars, associate specialists: £95
Conference day: £105

Accredited by the Royal College of Physicians.

Please register by visiting the conference website: https://eu.eventsccloud.com/ndipcuk

Closing date for registration: Friday 15th November 2019
How to get there

Ashton Gate Stadium
Ashton Road
Bristol
BS3 2EJ
01179 630680

Travel information
www.ashtongatestadium.co.uk/getting-here/

Trains to Ashton Gate
The closet station to Ashton Gate is Parson Street, a 10–15 minute walk from the stadium. Parson Street is accessible from mainline stations including Bristol Temp Meads, Bristol Parkway and Weston Super Mare. For more information visit Great Western Rail website or call 0345 7000 125

Taxis can be ordered
V Cars
01179 2526 26

Car Parking
Winterstoke Car Park
BS3 2LQ
200 car parking spaces available on site, which are £5 per car available on first come first basis.

Hotels nearby
The Bristol Harbourside
www.doylecollection.com/hotels/the-bristol-hotel

Mercure Bristol Grand Hotel
www.accorhotels.com/gb/city/hotels-bris<br>l

Travelodge
www.travelodge.co.uk/

Holiday Inn – Bristol City Centre
www.ihg.com/holidayinn/hotels/gb/en/bris<br>tol/brscc/hoteldetail

Radisson Blu Hotel
https://www.radissonblu.com/en/hotel-bris<br>l

Hotel Ibis
https://www.accorhotels.com/gb/hotel-5547-ibis-bris<br>l-centre
Acknowledgements

Diabetes in pregnancy organising committee

Chair and host
Dr Isy Douek and Dr Natasha Thorogood, Bristol
Peter Shorrick Midlands and East of England Regional Head, Diabetes UK

Saima Younas and Gursharan Kaur, Diabetes UK
Professor P Saravanan, Warwickshire
Professor Helen Murphy, Norwich
Dr Paru King, Derby
Dr Nick Lewis- Barned, Northumbria
Dr Sarah Finer, London
Dr Mike Maresh, Manchester
Dr Ruth Bell, Newcastle
Get in touch

0345 123 2399*

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@DiabetesUK

www.diabetes.org.uk

www.facebook.com/diabetesuk

*Monday to Friday, 9am to 6pm. The cost of calling 0345 numbers can vary according to the provider. Calls may be recorded for quality and training purposes.