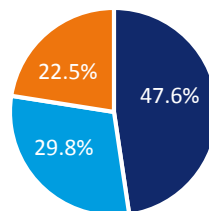


## Clinical Commissioning Groups status: Improving Access to Psychological Therapies – Long-term Conditions and Medically Unexplained Symptoms (IAPT-LTC) Service

Diabetes UK issued a Freedom of Information Request to all Clinical Commissioning Groups (CCGs) in July 2019. The request sought to understand whether the CCGs had set up IAPT-LTC services, and whether there was a specific focus on diabetes through these services. The table on the following pages outlines the responses from the CCGs, which Diabetes UK received between July and October 2019.

### Mental health for long-term conditions services (IAPT-LTC) status by Clinical Commissioning Group



- Yes, IAPT-LTC is in place, and has a specific focus on diabetes
- Yes, IAPT-LTC is in place, and provides services for a range of long-term conditions
- No, IAPT-LTC is not in place, or the CCG didn't confirm

#### Key

**Yes:** Yes, an IAPT-LTC service is in place in this CCG area

**No:** No, an IAPT-LTC service is not in place in this CCG area

**In progress:** An IAPT-LTC service is currently being set up in this CCG area

**Did not confirm:** It was unclear from the answer from the CCG if there is an IAPT-LTC service set up in this area

**Does not hold info:** The CCG did not hold any information in relation to our questions, so could not respond

**Did not specify:** It wasn't clear from the CCG's answer whether or not their IAPT-LTC service had a specific focus on diabetes. Please note that if a CCG does not have a special focus on diabetes through their IAPT-LTC service, it does not necessarily mean there isn't support available for people with diabetes – as some places will still provide a general service for people with long-term conditions, including diabetes. Diabetes UK would encourage all areas to ensure their IAPT-LTC services meet the needs of people with diabetes

Clinical Commissioning Group	Has the area commissioned IAPT-LTC?	Does the IAPT-LTC service have a specific focus on diabetes?
NHS Airedale, Wharfedale and Craven CCG	Yes	No
NHS Ashford CCG	Yes	Yes
NHS Barking and Dagenham CCG	In progress	N/A
NHS Barnet CCG	Yes	Yes
NHS Barnsley CCG	Yes	Yes
NHS Basildon and Brentwood CCG	Yes	In progress
NHS Bassetlaw CCG	No	N/A
NHS Bath and North East Somerset CCG	Yes	Yes
NHS Bedfordshire CCG	Yes	Yes
NHS Berkshire West CCG	Yes	Yes
NHS Bexley CCG	In progress	No
NHS Birmingham and Solihull CCG	In progress	Did not specify
NHS Blackburn with Darwen CCG	Yes	Did not specify
NHS Blackpool CCG	Yes	Did not specify
NHS Bolton CCG	No	No

NHS Bradford City CCG	Yes	No
NHS Bradford Districts CCG	Yes	No
NHS Brent CCG	Yes	Yes
NHS Brighton and Hove CCG	In progress	Did not specify
NHS Bristol, North Somerset and South Gloucestershire CCG	Yes	No
NHS Bromley CCG	Yes	Did not specify
NHS Buckinghamshire CCG*	Yes	Yes
NHS Bury CCG	Yes	No
NHS Calderdale CCG	Yes	Did not specify
NHS Cambridgeshire and Peterborough CCG	Yes	Yes
NHS Camden CCG	Yes	Yes
NHS Cannock Chase CCG	Does not hold info	Does not hold info
NHS Canterbury and Coastal CCG	Yes	Yes
NHS Castle Point and Rochford CCG	No	N/A
NHS Central London (Westminster) CCG	In progress	N/A
NHS Chorley and South Ribble CCG	Yes	No
NHS City and Hackney CCG	Yes	Yes

NHS Coastal West Sussex CCG	Yes	Yes
NHS Corby CCG	Yes	Yes
NHS Coventry and Rugby CCG	Yes	Yes
NHS Crawley CCG	Yes	Yes
NHS Croydon CCG	Yes	No
NHS Darlington CCG	No	N/A
NHS Dartford, Gravesham and Swanley CCG	Yes	Did not specify
NHS Derby and Derbyshire CCG	Yes	No
NHS Devon CCG	Yes	Yes
NHS Doncaster CCG	Yes	Yes
NHS Dorset CCG	Yes	Yes
NHS Dudley CCG	Yes	Yes
NHS Durham Dales, Easington and Sedgefield CCG	No	N/A
NHS Ealing CCG	No	N/A
NHS East and North Hertfordshire CCG	Yes	Yes
NHS East Berkshire CCG	Yes	Yes
NHS East Lancashire CCG	Yes	Does not hold info

NHS East Leicestershire and Rutland CCG	Yes	No
NHS East Riding of Yorkshire CCG	In progress	No
NHS East Staffordshire CCG	Does not hold info	Does not hold info
NHS East Surrey CCG	Yes	In progress
NHS Eastbourne, Hailsham and Seaford CCG	Yes	Yes
NHS Eastern Cheshire CCG	No	N/A
NHS Enfield CCG	Yes	Did not specify
NHS Fareham and Gosport CCG	Yes	In progress
NHS Fylde and Wyre CCG	Yes	Did not specify
NHS Gloucestershire CCG	In progress	No
NHS Great Yarmouth and Waveney CCG	Yes	Yes
NHS Greater Huddersfield CCG	Yes	Yes
NHS Greater Preston CCG	Yes	No
NHS Greenwich CCG	No	N/A
NHS Guildford and Waverley CCG	Yes	Yes
NHS Halton CCG	No	N/A
NHS Hambleton, Richmondshire and Whitby CCG	Does not hold info	Does not hold info

NHS Hammersmith and Fulham CCG	Yes	Yes
NHS Haringey CCG	Yes	Did not specify
NHS Harrogate and Rural District CCG	No	N/A
NHS Harrow CCG	Yes	In progress
NHS Hartlepool and Stockton-on-Tees CCG	No	N/A
NHS Hastings and Rother CCG	Yes	Yes
NHS Havering CCG	In progress	N/A
NHS Herefordshire CCG	Yes	No
NHS Herts Valleys CCG	Yes	Yes
NHS Heywood, Middleton and Rochdale CCG	Yes	No
NHS High Weald Lewes Havens CCG	No	N/A
NHS Hillingdon CCG	Yes	Yes
NHS Horsham and Mid Sussex CCG	Yes	Yes
NHS Hounslow CCG	Yes	In progress
NHS Hull CCG	Yes	No
NHS Ipswich and East Suffolk CCG	In progress	In progress
NHS Isle of Wight CCG	Yes	Did not specify

NHS Islington CCG	Yes	Did not specify
NHS Kernow CCG	Yes	Yes
NHS Kingston CCG	Yes	Yes
NHS Knowsley CCG	In progress	In progress
NHS Lambeth CCG	No	N/A
NHS Leeds CCG	In progress	In progress
NHS Leicester City CCG	No	Did not specify
NHS Lewisham CCG	Yes	Does not hold info
NHS Lincolnshire East CCG	Yes	Yes
NHS Lincolnshire West CCG	Does not hold info	Does not hold info
NHS Liverpool CCG	No	N/A
NHS Luton CCG	Yes	No
NHS Manchester CCG	No	No
NHS Mansfield and Ashfield CCG	Yes	Did not specify
NHS Medway CCG	No	In progress
NHS Merton CCG	Yes	In progress
NHS Mid Essex CCG	Yes	In progress

NHS Milton Keynes CCG	Yes	No
NHS Morecambe Bay CCG	Yes	No
NHS Nene CCG	Yes	Yes
NHS Newark and Sherwood CCG	Yes	Did not specify
NHS Newcastle Gateshead CCG	No	N/A
NHS Newham CCG	Yes	Yes
NHS North Cumbria CCG	Yes	Did not specify
NHS North Durham CCG	No	No
NHS North East Essex CCG	Yes	Did not specify
NHS North East Hampshire and Farnham CCG	Yes	Yes
NHS North East Lincolnshire CCG	Yes	Yes
NHS North Hampshire CCG	Yes	In progress
NHS North Kirklees CCG	Yes	Yes
NHS North Lincolnshire CCG	In progress	N/A
NHS North Norfolk CCG	Yes	Yes
NHS North Staffordshire CCG	Does not hold info	Does not hold info
NHS North Tyneside CCG	Yes	Yes



NHS North West Surrey CCG	Yes	Yes
NHS Northumberland CCG	Yes	No
NHS Norwich CCG	Yes	Yes
NHS Nottingham City CCG	Yes	Did not specify
NHS Nottingham North and East CCG	Yes	Did not specify
NHS Nottingham West CCG	Yes	Did not specify
NHS Oldham CCG	No	N/A
NHS Oxfordshire CCG	Yes	Yes
NHS Portsmouth CCG	Yes	Yes
NHS Redbridge CCG	In progress	N/A
NHS Redditch and Bromsgrove CCG	Yes	Yes
NHS Richmond CCG	Yes	Yes
NHS Rotherham CCG	No	N/A
NHS Rushcliffe CCG	Yes	Did not specify
NHS Salford CCG	No	N/A
NHS Sandwell and West Birmingham CCG	In progress	P In progress
NHS Scarborough and Ryedale CCG	No	N/A

NHS Sheffield CCG	Yes	Yes
NHS Shropshire CCG	Yes	Yes
NHS Somerset CCG	Does not hold info	Does not hold info
NHS South Cheshire CCG	Yes	Yes
NHS South East Staffordshire and Seisdon Peninsula CCG	Does not hold info	Does not hold info
NHS South Eastern Hampshire CCG	In progress	In progress
NHS South Kent Coast CCG	Yes	Yes
NHS South Lincolnshire CCG	Yes	Yes
NHS South Norfolk CCG	Yes	Yes
NHS South Sefton CCG	No	N/A
NHS South Tees CCG	No	N/A
NHS South Tyneside CCG	In progress	No
NHS South Warwickshire CCG	Yes	Yes
NHS South West Lincolnshire CCG	Yes	Yes
NHS South Worcestershire CCG	Yes	Yes
NHS Southampton CCG	Yes	Yes
NHS Southend CCG	No	N/A

NHS Southport and Formby CCG	No	N/A
NHS Southwark CCG	Did not confirm	Did not specify
NHS St Helens CCG	No	No
NHS Stafford and Surrounds CCG	Does not hold info	Does not hold info
NHS Stockport CCG	No	N/A
NHS Stoke on Trent CCG	Does not hold info	Does not hold info
NHS Sunderland CCG	Yes	Yes
NHS Surrey Downs CCG	Yes	Yes
NHS Surrey Heath CCG	Yes	Yes
NHS Sutton CCG	Yes	Yes
NHS Swale CCG	Yes	Did not specify
NHS Swindon CCG	Yes	Did not specify
NHS Tameside and Glossop CCG	Yes	Yes
NHS Telford and Wrekin CCG	Yes	Yes
NHS Thanet CCG	Yes	Yes
NHS Thurrock CCG	Yes	Yes
NHS Tower Hamlets CCG	Yes	In progress

NHS Trafford CCG	Yes	No
NHS Vale of York CCG	In progress	Did not specify
NHS Vale Royal CCG	Yes	In progress
NHS Wakefield CCG	Yes	In progress
NHS Walsall CCG	No	Yes
NHS Waltham Forest CCG	No	Did not specify
NHS Wandsworth CCG	Yes	In progress
NHS Warrington CCG	Yes	Yes
NHS Warwickshire North CCG	Yes	Yes
NHS West Cheshire CCG	Yes	Did not specify
NHS West Essex CCG	Yes	Did not specify
NHS West Hampshire CCG	Yes	Yes
NHS West Kent CCG	Yes	Yes
NHS West Lancashire CCG	Yes	Did not specify
NHS West Leicestershire CCG	No	No
NHS West London CCG	Yes	Yes
NHS West Norfolk CCG	Yes	Yes

NHS West Suffolk CCG	In progress	In progress
NHS Wigan Borough CCG	Yes	No
NHS Wiltshire CCG	Yes	Yes
NHS Wirral CCG	In progress	No
NHS Wolverhampton CCG	Does not hold info	Does not hold info
NHS Wyre Forest CCG	Yes	Yes