

What is it like?

Imagine standing at the edge of an open doorway in an aircraft flying at 10,000 feet - the noise of the engines and the wind ringing in your ears with only the outline of distant fields below. Now imagine leaning forward out of that doorway and letting go - falling forward into the clouds, diving down through the air as you start freefalling at over 120mph! Then imagine the peace and quiet as the canopy opens, the steering toggles come down either side of you and you begin a tranquil parachute descent from a mile up in the air, steering yourself back down to the centre of the drop zone below. Imagine taking part in this excited ride and raising money to help our fight against a world where diabetes can do no harm. Stop imagining, it's real and it's happening all the time and you can be part of it!

What does the jump involve?

Technically the jump is called a 'Tandem Skydive'. It is a Skydive because you will be freefalling through the air (without the parachute deployed) for several thousand feet; it is in Tandem because you will be harnessed to a professional parachute instructor at all times throughout the descent. This is the only way you can jump from such an altitude without spending thousands of pounds becoming a freefall parachutist. This is literally the chance of a lifetime!

This jump is also much less demanding than the traditional 'static line' jump as the jump and training are completed in one day and your instructor will be in control of your landing.

Points to remember:

- Jump and training is completed in one day
- Harnessed to an experienced parachute instructor at all times
- Jump from at least 10,000 feet just like the professionals
- Freefall down to 5,000 feet falling through the air at 120 mph!
- Ride the parachute down to the ground Skyline teach you how to steer onto the drop zone
- Landing controlled by your instructor
- Certificate to prove that you have completed a 'two-mile high' Tandem Skydive!
- You need to fundraise £395 for your skydive to be covered by us



How much do I have to raise?

To take part in a tandem skydive you'll need to pay a £70 deposit with Skyline. All you have to do is raise £395* (or more) to help us fight against diabetes. A great way to fundraise is to ask your family, friends and colleagues to sponsor you, via your JustGiving page or using our sponsorship forms or both. Once you have hit £395 your Skydive cost will be covered. Every penny you raise over the minimum will be further contributing to Diabetes UK to help towards a world where diabetes can do no harm. Remember we are here to help you hit your target, so please get in touch with us if you need any advice on fundraising tips or if you would like us to send out some fundraising material.

* For airfields based in Scotland and Northern Ireland the minimum sponsorship level for a tandem skydive is £450

When can I jump?

Skyline has organised a select number of dates for you to choose from, which are listed on the enclosed reservation form. If you are unable to jump on any of these dates please contact us on the number below to discuss the possibility of jumping on alternative dates.

Where is the airfield?

The British Parachute Association approved centres that we use are located across the UK and are indicated on the enclosed map. Once we have received your reservation form we will do our best to place you at your nearest available centre but if this is not possible we will contact you to discuss the alternatives.

Are there any restrictions on age or health?

For a tandem skydive you must be at least 16 years old and to weigh less than 15 stone. Please note some centres have lower weight limits - please contact Skyline for details. Please make Skyline aware of any medical conditions you have, and they will decide if you need to ask your doctor to sign a medical form. This will be sent to you upon receipt of your reservation form but is also available on request. Those under the age of 18 will need your parent's or guardian's permission. We will send you out a consent form for your parent or guardian to sign so we can communicate with you.

What about insurance?

You will automatically be covered for up to £2,000,000 third party insurance but this will not cover you for personal injury or death. The British Parachute Association recommends that tandem skydivers take out their own personal accident insurance cover through their own insurance broker or one of the insurers listed on their website bpa.org.uk

How do I book my skydive?

You can book online by clicking <u>here</u> which will direct you to Skyline or you can contact us by emailing <u>events.fundraising@diabetes.org.uk</u> or calling the team on 0345 123 2399. If you would like to book via post please get in touch and we can email or post the reservation form to you.



Is there a deposit?

Yes, you will need to pay £70 before you can book your Tandem Skydive.

Can I pay for the whole cost of the tandem skydive?

Absolutely, if you want to pay for your skydive, please make us and skyline aware of this. Meaning everything you raise will go towards a world where diabetes can do no harm.

Can I raise my fundraising target online?

You sure can. You will need to raise minimum of £395 online one week before the date of your jump. That way we're able to cover the cost of your tandem skydive.

Can I raise my fundraising target offline?

Of course! If you are raising money offline you will need to hit the target of £395 before your skydive, so we can cover your skydiving costs before you arrive on the day. Please send this to use a week before your skydive. Here is the easiest way for you to send your money in:

Pay the money into your bank account and send a cheque made payable to 'Diabetes UK' with a short note including your name and the event (Skydiving) on your sponsorship form to Diabetes UK, Wells Lawrence House, 126 Back Church Lane, London, E1 1FH

If you continue to raise more after your skydive you can provide this amount up to four weeks after your skydive. When sending this to us please include your name and the event you are taking part in, so we can trace it. Again if you could make us aware that you are fundraising offline please.

Finally

We sincerely hope that you decide to give it a go - it has often been described as a thrilling 'once in a lifetime' experience and is an excellent way in which to raise funds towards a world where diabetes can do no harm. There will be lots of other people trying parachuting for the very first time on the day, so you are welcome to bring along your friends and family so they can watch you on a day you will simply never forget: The day you perform an exhilarating skydive or parachute jump in aid of Diabetes UK.

Any Questions?

Please get in touch with us if you have any questions either by emailing <u>events.fundraising@diabetes.org.uk</u> or calling 0345 123 2399. We look forward to you join our Skydiving team.



CHOOSE YOUR AIRFIELD

