

Wellness Walks 2024

Event Terms and Conditions

General

You are registering to take part in a Wellness Walk (“Event”). Children under the age of 18 must be accompanied by a parent/guardian at all times during the Event.

By registering for an Event, you agree to comply with these terms and conditions.

Please check these from time to time. Occasionally terms and conditions are amended, and any changes will be binding on all participants and supporters.

If you have any questions, please contact the Wellness Walk team wellnesswalk@diabetes.org.uk and we’ll be happy to help you.

All Events are organised by Diabetes UK (The British Diabetic Association operating as Diabetes UK, a charity registered in England and Wales (no. 215199) and in Scotland (no. SC039136). A company limited by guarantee registered in England and Wales with (no.00339181) and registered office at Wells Lawrence House, 126 Back Church Lane London E1 1FH) and in conjunction with our logistics partner, Classic Challenge.

You agree that these terms and conditions shall be governed by English law and will be subject to the exclusive jurisdiction of the English courts.

Participant Entry

The Event is subject to age restrictions as set out below, which relate to the age of the participant on the day of the Event. Participants must be able to provide proof of age on the day. We reserve the right to

refuse entry to an Event, with no refund, to any participant who is under age, or is unable to provide proof of age when requested to do so by an Event official.

You may participate in the Event as an individual and/or as part of a team subject to the instructions which can be found on the Website.

Children between 0-17

- Cannot enter individually
- Must be entered as an additional entrant, where the primary entrant is 18 or over and is the parent/legal guardian (“**Adult**”) of the additional entrant or has the permission of the additional entrant’s parent or legal guardian.
- Must give contact details for the parent or legal guardian
- A maximum of 3 children aged 0-17 can be accompanied by one Adult. The accompanying Adult is expected to be confident at keeping children together and they should complete the Event as a group.
- All child participants will be provided with an event number in the event pack, which the child must wear on the day. There is a £1 replacement fee if the event number is lost or forgotten on Event day.

Adults aged 18 and over

- Can enter individually
- Do not need parent or legal guardian contact details
- Can be the primary entrant for multiple entries
- Can be the primary entrant for an additional entrant under 18 where the primary entrant is the parent or legal guardian of the additional entrant or has the permission of the additional entrant’s parent or legal guardian. Must give contact details for the parent or legal guardian.
- Only registered participants who have paid their entry fee (or had the fee paid for them) are eligible to take part in the Event.

Registration Fees and Cancellation

You agree to pay a registration fee, payable per person aged 12 and over to take part in the Event. Discount codes are only eligible for the time period stated on the Wellness Walk website. No refund, extension or transfer will be eligible.

I understand that Diabetes UK may cancel the Event if circumstances beyond their reasonable control arise, including, without limitation, war,

epidemic or pandemic, civil or political unrest, terrorism, government guidelines, train strikes or inclement weather conditions. I understand that if the Event is cancelled or rearranged by Diabetes UK I will be offered the opportunity to transfer my registration to a re-scheduled or alternative event.

Access

All participants who are bringing a pram/pushchair to their Event should use the pram/pushchair to accommodate their child and follow instructions given by the Event Manager and officials on the day.

All participants wanting to take part in an Event with a wheelchair must refer to the Event page on the Wellness Walk website to confirm accessibility for wheelchairs.

Changes and Last-Minute Arrangements

Once registered, you can only transfer to another start wave with our permission. There are strict capacity limits for each Event and start waves. It is important for health and safety reasons that neither the Event nor the start wave exceeds its individual capacity. If you wish to transfer to a different start wave please contact us at wellnesswalk@diabetes.org.uk and we will try our best to accommodate your request, but we reserve the right to refuse.

Participants arriving late must abide by the instructions and decisions of the Event Manager or their representative at the start line. For health and safety reasons it is possible that latecomers will not be permitted to take part.

We reserve the right to refuse entry to participants who try to take part in the wrong event distance or start time without prior approval.

We reserve the right to reduce or alter Event routes to accommodate any unexpected complications on the day that may have an impact on Diabetes UK staff, participants, volunteers and spectators.

Conduct

All participants and supporters must abide by the instructions or regulations displayed or given before or on the day of the Event by Diabetes UK, police and/or Event officials, including those relating to the health and safety of participants and supporters.

All participants will abide by the Country Code and the Highway Code.

All participants will refrain from smoking, vaping or using e-cigarettes at the Event.

We respectfully ask that all participants and supporters do not use aggressive or abusive language towards our Event organisers, marshals, officials, volunteers and other participants. All participants should also avoid behaving in a way which may cause injury or harm to other participants and/or spectators, or which may cause offence or damage the reputation of Diabetes UK.

We respectfully ask that all participants and supporters do not drop litter but instead use the litter facilities available within the venues and around the course or take litter home to dispose of responsibly.

All participants can take part with their dogs at the Event.

Any participant bringing a dog to an Event must act in a responsible manner by making sure that:

- The dog is kept on a short lead (extending leads are not suitable), under close control at all times, and any usual equipment (muzzle / harness etc.) used to control the dog is employed on the day.
- The dog has a collar with a clearly identifiable tag.
- Adequate water is supplied for the dog to keep them hydrated.
- Any dog mess is cleaned up and disposed of responsibly.
- Dogs are NOT kept in cars on hot days.
- All instructions given by the Event Manager and officials on the day are adhered to, including participants with dogs starting the Event at the back of the walkers if required.

We reserve the right to ask participants and supporters to leave an Event if they do not adhere to these terms and conditions, and no refunds shall be given in these circumstances.

All Wellness Walks are non-competitive and participants are reminded that running is not allowed.

Health, Safety and Medical

All Events are non-competitive and non-UKA accredited walks. We therefore allow under children to participate in the Events, but they must be accompanied at all times by their parent or legal guardian (or by a primary entrant who has the permission of that participant's parent or legal guardian).

By submitting a Registration Form (whether on your own behalf, on behalf of a child or as part of a participating team), you confirm that, to the best of your knowledge and belief, you are healthy and fit to take part in the Event, have completed sufficient training to take part in the event, understand and have considered and evaluated the nature, scope and extent of the risks involved, and have voluntarily and freely chosen to participate in the Event entirely at your own risk.

In submitting a Registration Form on behalf of a Team or a child, you further confirm that: (a) every member of the Team or child is healthy and fit to take part in the Event, (b) understands and has considered and evaluated the nature, scope and extent of the risks involved (c) has voluntarily and freely chosen to participate in the Event entirely at his or her own risk and (d) agrees to be bound by these Terms and Conditions.

You acknowledge that participation in the Event involves physical activities and inherent risks and dangers of accidents, personal and bodily injury (including death) and property loss or damage. If you have any medical conditions that could be adversely affected by exercise, particularly a heart condition, or if you are in any doubt about your health, you must get clearance from your doctor before participating. You must not take part in this Event unless you are in good health on the day of the Event.

You must declare any serious medical conditions to Diabetes UK and keep a record of your medical details and emergency contact details on you during the Event. You agree that Diabetes UK may keep your medical details for health and safety purposes for the duration of the Event.

All participants must write the following on the reverse of their official Event number, which must be worn on the front of shirts during the Event:

- Their name (and for those under 18, also add their parent/legal guardian).
- The details of any health problems or current medication.
- The name and number of a person to contact in case of an emergency.

We take all reasonable steps to minimise the risk of injury to participants during fundraising events. Stringent risk assessment processes are in place for every Event which aim to minimise or eliminate the risk to everyone taking part. By taking part in an Event,

all participants acknowledge that there may be conditions or circumstances beyond our control that can lead to unforeseen risks. If you have any concerns or queries please contact us at wellnesswalk@diabetes.org.uk

All participants are responsible for ensuring that they are wearing appropriate attire (including footwear) when taking part in an Event, taking into account the nature of the Event, the weather forecast and the terrain involved.

I will abide by any rules, regulations and guidance provided by the UK government or local government that are in place to reduce the spread of any infectious disease. In particular, but without limitation, I will adhere to any guidelines that Diabetes UK may implement at the event in respect of social distancing and hygiene procedures, associated with minimising the likely spread of infection or disease. I understand that Diabetes UK reserves the right in its sole discretion to refuse to allow participants or spectators to take part/spectate or to continue to participate/spectate in the event if that person is deemed to be in breach of those guidelines.

Fundraising and Donations

You agree to aim to raise as much as you can in sponsorship for Diabetes UK and to ensure this money is received by the charity within four weeks after the Event date.

If you choose not to participate in the Event or fail to complete the Event for any reason all sums collected or pledged will still be payable to Diabetes UK.

You agree that in carrying out all fundraising for the benefit of Diabetes UK, you will:

- a. Abide by any fundraising guidelines issued by Diabetes UK from time to time;
- b. Only use lawful means to fundraise and must not do anything which harms or is likely to harm Diabetes UK's reputation; and
- c. Make it clear to potential sponsors that their donation in support of you taking part in this Event is a donation to Diabetes UK and this amount will not be refundable even if the Event does not take place or you do not take part in it or you do not complete it.

If you receive any donations outside of your fundraising page, these funds must be sent to Diabetes UK as soon as reasonably possible and in any

event within three weeks of receipt by you. To send donations by post, please use the following address: Wellness Walks, Diabetes UK, Wells Lawrence House, 126 Back Church Lane, London E1 1FH.

Use of your information

The personal data provided by you at registration for the Event will be used to process registration and to provide you with additional information about the Event. Our agent, Enthuse provides the registration platform and helps us to process registrations.

Diabetes UK will keep your details until the Event has finished and we have received your sponsorship money. After the Event, Diabetes UK will continue to keep in touch about our work and the different ways you can support us, including volunteering, working with our local groups or through financial support. Please see our Privacy policy at https://www.diabetes.org.uk/about_us/legal-information/privacy-policy1 for more details about how we use your personal data and your rights. You can tell us at any point if you'd rather not hear from us, or if you'd like us to stop using your information in a particular way. You can use the [Manage how we engage with you | Diabetes UK](#) form or contact our Supporter Care team on 0345 123 2399.

In the case of an emergency, we may pass personal details provided (either when registering for the Event or on the reverse of your Event number) to the emergency services or health care professionals, and also use them for the purposes of contacting your emergency contact.

First aid facilities will be provided at each Event. **If you are treated by medical providers at an Event, your details will be passed on to us** only for health and safety purposes and to fulfil our legal obligations (including those under the Reporting of Injuries, Diseases and Dangerous Occurrences Regulations 1995).

Filming and Photography at the Events

Digital videos and photographic images may be taken during the Event by an official Diabetes UK photographer. Diabetes UK may use these Digital videos and photographic images to publicise the Event for commercial and/or fundraising purposes including, but not limited to, Newsletters, Websites, Events etc. Photos will also be uploaded to Flickr for participants to access online. If you would like to opt out from photos, or images being uploaded to Flickr, please email wellnesswalk@diabetes.org.uk with your name and the email address you registered with, and your request. For all images of those under 18, we will get your explicit permission before use.

Chip Timing

We appoint an independent third party chipped timing company to record and track participants' timings and locations at Events. Their service includes uploading the chipped timing results on to the chipped timing company's website which is open to all members of the public. We will only pass on participants' full name to the chipped timing company to enable participants to see their name on the list of finishing times.

If you would prefer that we did not pass on your details please email wellnesswalk@diabetes.org.uk

Liability

Diabetes UK does not provide any insurance, whether life or medical or liability, for any illness, accident, injury, death, loss and/ or damage that may arise in connection with the attendance at, and/ or participation in the Event by you. You are advised to obtain such insurance yourself if required or desired. Liability

You acknowledge that you take part in this activity entirely at your own risk. You agree that you will not hold Diabetes UK or any of its representatives responsible for any injury, death or loss that might occur as a result of your participation in the Event, except to the extent that personal injury or death is caused by the negligence of Diabetes UK.