



# DO YOU HAVE DIABETES? WANT TO KNOW MORE?

Join our free diabetes sessions

## NEWRY LIVE WELL HUB

Wednesday 11 <sup>th</sup> June 2025	10am - 11am
Wednesday 9 <sup>th</sup> July 2025	10am - 11am
Wednesday 13 <sup>th</sup> August 2025	10am - 11am
Wednesday 10 <sup>th</sup> September 2025	10am - 11am
Wednesday 8 <sup>th</sup> October 2025	10am - 11am
Wednesday 12 <sup>th</sup> November 2025	10am - 11am
Wednesday 10 <sup>th</sup> December 2025	10am - 11am

**Venue: Altnaveigh House**

51 Downshire Road, Newry, BT34 1EE

For further information contact: [communityteamni@diabetes.org.uk](mailto:communityteamni@diabetes.org.uk)

## Diabetes and Wellbeing Support For All

We currently have a Diabetes Live Well Hub in Altnaveigh House in Newry. This is a one-stop-shop which provides information, support and advice to improve the health and wellbeing of those living with diabetes. A different topic is covered at each session, and in the coming months at the Live Well Hub we will hear from a diabetes specialist nurse, a podiatrist, a local community pharmacist, a dietitian and other health care professionals.

**Please note: topics could change depending on speaker availability.**



**DiABETES UK**  
KNOW DIABETES. FIGHT DIABETES.  
NORTHERN IRELAND