



DO YOU HAVE DIABETES? WANT TO KNOW MORE?

Join our free diabetes sessions

LISBURN LIVE WELL HUB

Tuesday 14 th October 2025	10-11am
Tuesday 11 th November 2025	10-11am
Tuesday 9 th December 2025	10-11am
Tuesday 13 th January 2026	10-11am
Tuesday 10 th February 2026	10-11am
Tuesday 10 th March 2026	10-11am

Venue: Resurgam Healthy Living Centre

Based at Laganview Enterprise Centre
69 Drumbeg Drive, Lisburn, BT28 1QJ

For further information contact: communityteamni@diabetes.org.uk

Diabetes and Wellbeing Support For All

We currently have a Diabetes Live Well Hub in Lisburn at Laganview enterprise centre.

This is a one-stop-shop which provides information and support to improve the health and wellbeing of those living with or at risk of diabetes. A different topic is covered at each session, and in the coming months at the Live Well Hub we will hear from a diabetes specialist nurse, a dietitian and other health care professionals.

Please note: topics could change depending on speaker availability.



DiABETES UK
KNOW DIABETES. FIGHT DIABETES.
NORTHERN IRELAND