



DO YOU HAVE DIABETES? WANT TO KNOW MORE?

Join our free diabetes sessions

NEWRY LIVE WELL HUB

Wednesday 14th January	10am - 11am
Wednesday 11th February	10am - 11am
Wednesday 11th March	10am - 11am
Wednesday 8th April	10am - 11am
Wednesday 13th May	10am - 11am
Wednesday 10th June	10am - 11am

Venue: Altnaveigh House

51 Downshire Road, Newry, BT34 1EE

For further information contact: communityteamni@diabetes.org.uk

Diabetes and Wellbeing Support For All

We currently have a Diabetes Live Well Hub in Altnaveigh House in Newry. This is a one-stop-shop which provides information, support and advice to improve the health and wellbeing of those living with diabetes. A different topic is covered at each session, and in the coming months at the Live Well Hub we will hear from a diabetes specialist nurse, a podiatrist, a local community pharmacist, a dietitian and other health care professionals.

Please note: topics could change depending on speaker availability.

