

# DIABETES UK EVENTS 2026



## Starts 22 March Swim22

Take on Diabetes UK's Swim Challenge and dive into 11, 22 or 44 miles over three months. Whether you're in the pool or open water, every length brings you closer to your goal - and helps you find a fitter, healthier you.



## Throughout 2026 Monthly challenges

Take on one of our monthly distance challenges throughout the year. Complete your miles your way, earn rewards, and keep an eye out for new challenges launching across 2026.



## 15 March Bath Half Marathon

Whether you want to set a new personal best or you're looking for a race without any hills, the Bath Half is for you.



## April to September Kiltwalk 2026

Scotland's biggest walking event is back! In 2026, Kiltwalk will be taking place in four locations, Glasgow, Aberdeen, Dundee and Edinburgh.



## 12 April Brighton Marathon

The Brighton Marathon is one of the UK's favourites. With a stunning backdrop of the sea in one of the country's most vibrant cities, the race gets bigger and better every year.



## 12 April London Landmarks

Join us for this fun, quirky Half Marathon through London's iconic Landmarks! The only half marathon to go through both the City of London and Westminster.



## 19 April Manchester Marathon

One of Europe's largest marathons, Manchester Marathon is an iconic event drawing participants to the vibrant streets of Manchester from all over the world.



## 26 April London Marathon

The event that needs no introduction. With thousands of spectators shouting your name, it's an experience you'll never forget.



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## 17 May Hackney Half Marathon

Whether you're a seasoned runner or thinking of taking on your first half marathon, the Hackney Half Marathon is the perfect event for you.



## Starts 1 July One Million Step Challenge

Over three months, walk either half a million, 1 million or 1.7 million steps. Boost your mood, improve your fitness and step for a happier, healthier you.

**DIABETES UK**  
KNOW DIABETES. FIGHT DIABETES.



## 23 to 24 May Edinburgh Marathon

Scotland's largest running festival is fast and flat with marathon, half marathon, 10K and 5K distances. Ideal for your first race or if you're looking for a personal best.



## 13 September Great North Run

Join over 400 Team DUK runners and take on the world's greatest half marathon! The Great North Run is the premier event in the Great Run series, attracting thousands of runners each year to run around the "Toon".



## 31 May Great Manchester Run

With a 10K or half marathon distance to choose from, join tens of thousands of runners as they take to the streets of Manchester.



## 27 September Wellness Walk London Bridges

Take part in Diabetes UK's flagship event, the London Bridges Wellness Walk. Join our army of blue as we take to the streets of London across 5 and 10 mile routes, crossing some of the city's most iconic bridges.



## 21 June London to Brighton Bike Ride

Join 14,000 riders pedalling their way through the idyllic English countryside and test yourself on Ditchling Beacon before gliding down to the Brighton seafront finish line.



## 4 October Cardiff Half Marathon

Take part in Wales biggest fundraising event, and one of the most exciting races in the UK. Starting at Cardiff Castle with stunning views of Cardiff Bay, this is a race you don't want to miss!

More events on  
the next page



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## 11 October Royal Parks Half

This stunning central London Half Marathon takes place on closed roads and in four of London's eight Royal Parks. The perfect way to see a quieter side to the busy streets of London.



## 25 October Amsterdam Marathon

A World Athletics Platinum Label Road Race renowned for delivering one of the fastest courses on the planet, year after year. Perfect for those looking for that marathon personal best.



## Sign up to your favourite event

Spotted an event you want to take on? Sign up today and be part of something amazing. Every mile you cover makes a real difference for people living with diabetes, and guarantees you unforgettable memories.

[Click here or scan the QR code to sign up to an event.](#)



## Volunteer

Can't take part but still want to be involved? Volunteer with Team Diabetes UK and be part of the action. From cheering on participants to supporting on the route and celebrating at the finish line, every role makes a difference.

[Click here or scan the QR code to volunteer at an event.](#)



## Fundraise your way

Don't want to take on an event? Grab a free fundraising kit full of ideas, tips and more.

[Click here or scan the QR code to get your fundraising kit.](#)



## WHAT YOUR SUPPORT MAKES POSSIBLE

We couldn't do this without you. Every donation from our eventers helps people living with and affected by diabetes, providing vital care, support, and resources. Your efforts bring us closer to life-changing breakthroughs and a world where diabetes does no harm - making a lasting difference for thousands of lives.

£2

£2 could help someone get answers and advice from other people who understand what they are going through in our Diabetes Support Forum.

£70

£70 could pay for one round of genetic analysis to help researchers unravel how genes can influence our risk of developing type 2 diabetes.

£200

£200 could pay for specialist training to allow more researchers to use artificial intelligence helping them examine images of the pancreas, and better understand the root causes of type 1 diabetes.

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