



# DO YOU HAVE DIABETES? WANT TO KNOW MORE?

Join our free diabetes sessions

## PORTADOWN LIVE WELL HUB

Tuesday 28 <sup>th</sup> April 2026	10-11am
Tuesday 5 <sup>th</sup> May 2026	10-11am
Tuesday 12 <sup>th</sup> May 2026	10-11am
Tuesday 19 <sup>th</sup> May 2026	10-11am
Tuesday 26 <sup>th</sup> May 2026	10-11am

### Venue: Portadown Town Hall

15 Edward Street, Portadown, BT62 3LX

For further information contact: [communityteamni@diabetes.org.uk](mailto:communityteamni@diabetes.org.uk)

## Diabetes and Wellbeing Support For All

We are launching a Diabetes Live Well Hub in Portadown Town Hall. This is a one-stop-shop which provides information, support and advice to improve the health and wellbeing of those living with diabetes. A different topic is covered at each session, and in the coming months at the Live Well Hub we will hear from a diabetes specialist nurse, a podiatrist, a local community pharmacist, a dietitian and other health care professionals.

**Please note: topics could change depending on speaker availability.**

