

DIABETES IS  
~~YOUR FAULT~~

nobody's  
fault

Let's change how we  
talk about diabetes.

And end the harm caused  
by diabetes stigma. Search  
"strike out stigma" or  
go to [diabetes.org.uk](https://diabetes.org.uk)

**DIABETES UK**  
KNOW DIABETES. FIGHT DIABETES.

The British Diabetic Association operating as Diabetes UK a charity  
registered in England and Wales (215199) and in Scotland (SC039136).  
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**STRIKE OUT  
~~STIGMA~~**