



# DO YOU HAVE DIABETES? WANT TO KNOW MORE?

Join our free diabetes sessions

## PORTADOWN LIVE WELL HUB

Tuesday 23rd June 2026	10-11am
Tuesday 28th July 2026	10-11am
Tuesday 25th August 2026	10-11am
Tuesday 22nd September 2026	10-11am
Tuesday 27th October 2026	10-11am
Tuesday 24th November 2026	10-11am
Tuesday 26th January 2027	10-11am
Tuesday 23rd February 2027	10-11am

**Venue: Portadown Town Hall**

15 Edward Street, Portadown, BT62 3LX

**For further information contact: [communityteamni@diabetes.org.uk](mailto:communityteamni@diabetes.org.uk)**

### Diabetes and Wellbeing Support For All

We currently have a Diabetes Live Well Hub in Portadown Hall in Portadown. This is a one-stop-shop which provides information, support and advice to improve the health and wellbeing of those living with diabetes. A different topic is covered at each session, and in the coming months at the Live Well Hub we will hear from a diabetes specialist nurse, a podiatrist, a local community pharmacist, a dietitian and other health care professionals.

**Please note: topics could change depending on speaker availability.**

