



**SHOULD
YOU BE
EATING
THAT?**

**Let's change how we
talk about diabetes.**

And end the harm caused
by diabetes stigma. Search
“strike out stigma” or
go to **diabetes.org.uk**

DiABETES UK
KNOW DIABETES. FIGHT DIABETES.

The British Diabetic Association operating
as Diabetes UK a charity registered in
England and Wales (215199) and in
Scotland (SCO39136).102101EINT

**STRIKE OUT
~~STIGMA~~**