



DO YOU HAVE DIABETES? WANT TO KNOW MORE?

Join our free diabetes sessions

LISBURN LIVE WELL HUB

Tuesday 13th October 2026	10-11am
Tuesday 10th November 2026	10-11am
Tuesday 8th December 2026	10-11am
Tuesday 12th January 2027	10-11am
Tuesday 9th February 2027	10-11am
Tuesday 9th March 2027	10-11am

Venue: Resurgam Healthy Living Centre

Based at Laganview Enterprise Centre
69 Drumbeg Drive, Lisburn, BT28 1QJ

For further information contact: communityteamni@diabetes.org.uk

Diabetes and Wellbeing Support For All

We currently have a Diabetes Live Well Hub in Lisburn at Laganview enterprise centre. This is a one-stop-shop which provides information, support and advice to improve the health and wellbeing of those living with diabetes. A different topic is covered at each session, and in the coming months at the Live Well Hub we will hear from a diabetes specialist nurse, a dietitian and other health care professionals.

Please note: topics could change depending on speaker availability.



DiABETES UK
KNOW DIABETES. FIGHT DIABETES.
NORTHERN IRELAND