

KNOW THE SIGNS OF TYPE 1 DIABETES IN CHILDREN

T OILET

Going for a wee more,
heavier nappies,
new bedwetting



T HIRSTY

Constant thirst,
drinking more,
babies feeding more



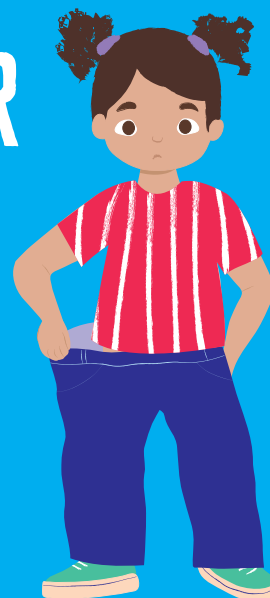
T IRED

Unusually tired,
no energy,
irritable



T HINNER

Unexplained
weight loss,
looking thinner



If you spot any of the 4Ts in your child, contact your GP immediately and ask them to test for type 1 diabetes.

Ask your GP for a finger-prick blood glucose test, call 111 for advice if your GP surgery is closed, or go straight to A&E if your child's symptoms are getting worse.