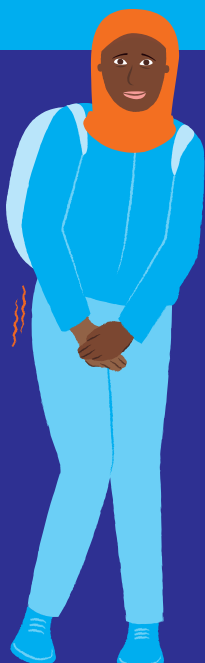


KNOW THE SYMPTOMS OF TYPE 1 DIABETES

TOILET

Going for a wee more often



THIRSTY

Constant thirst



TIRED

Incredibly tired and having no energy



THINNER

Losing weight without trying



Type 1 diabetes can affect anyone, at any age. If you spot **any** of the 4Ts in you or your child, contact your GP immediately and ask them to test for type 1 diabetes.