



DO YOU HAVE DIABETES? WANT TO KNOW MORE?

Join our free diabetes sessions

LARNE LIVE WELL HUB

Thursday 8th October 2026	10 - 11am
Thursday 15th October 2026	10 - 11am
Thursday 22nd October 2026	10 - 11am
Thursday 29th October 2026	10 - 11am
Thursday 5th November 2026	10 - 11am

Venue: Larne Marketyard
Station Road, Larne, BT40 3AB

For further information contact: communityteamni@diabetes.org.uk

Diabetes and Wellbeing Support For All

We are launching a Diabetes Live Well Hub at the Marketyard in Larne. This is a one-stop-shop which provides information and support to improve the health and wellbeing of those living with diabetes. A different topic is covered at each session, and in the coming months at the Live Well Hub we will hear from a diabetes specialist nurse, a podiatrist, a local community pharmacist, a dietitian and other health care professionals.

Please note: topics could change depending on speaker availability.



DIABETES UK
KNOW DIABETES. FIGHT DIABETES.
NORTHERN IRELAND