

TYPE 1 NEWS

For Paediatric Diabetes Clinicians

Summer Term 2017

At Diabetes UK, we work together with you to support every child with Type 1 diabetes. Type 1 diabetes is serious and full of daily challenges which is why more than ever we're working hard to achieve our vision of a world where diabetes can do no harm. Professionals such as you are very much a part of that vision and we're excited about what lies ahead. If you have a minute, read on to find out about what we've been doing and our plans to support the work you do with your patients.

TYPE 1 IN SCHOOL

Tips for getting the right plans in place at your patients schools

Do you have a patient starting school or moving to secondary school in September? Or maybe a patient who is changing class or schools?

Our good practice checklist is a good place to start when talking to parents or schools about the practical things to think about when a child is going through change at school.

**TYPE 1
DIABETES:**
Make the grade ★

Good practice checklist

All schools should have the following procedures in place to support students with long term medical conditions such as diabetes:

✓ Medical conditions policy

Covers what provisions the school has in place to keep children with medical conditions such as Type 1 diabetes safe and fully included in all school activities. It should be available on the school's website.

✓ Individual healthcare plan

You'll no doubt have developed or provided input into many individual healthcare plans for your young patients. It's worth discussing this with parents particularly when a change in the child's circumstances is on the horizon.

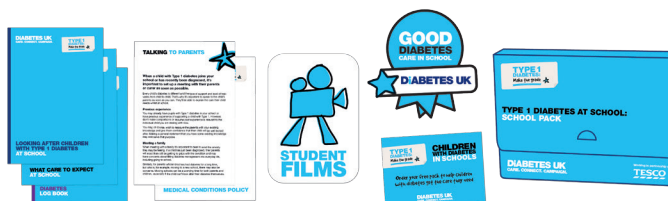
✓ Working together

Everyone should be working together in the interests of the child. You should feel happy that parents and schools share information about your patient regularly and constructively.

✓ Training and support

Many PDSNs have told us that they provide training to schools as part of the care they provide their young patients. It's a good idea to check with parents and schools that training is up to date and that staff feel confident and supported to care for the child's needs.

For more detail on putting the right plans in place just head to www.diabetes.org.uk/schools to order or download all the tools you need for great care in school.



DiABETES UK

Thousands back parent petition: help us reach 50,000

All schools in England should by law have a medical conditions policy to protect children with conditions like Type 1 diabetes. But not all do, and the consequences can be really serious.



Louise's daughter Jenny had her life put at risk after a severe hypo in school, because staff did not have a policy to guide them on what to do next. That's why **she started her petition**, and

why we are backing her as part of our Safe in School campaign. Louise's petition is calling on government to take action to make schools aware of their duty, and she is asking Ofsted to check that schools are doing this.

Louise's petition has reached a massive 44,000 signatures, with the help of Diabetes UK supporters and national media coverage. This huge show of public support has even helped us win a meeting with the man the petition's addressed to: Minister for Children and Families, Edward Timpson. We'd love to reach 50,000 signatures before that meeting next month so **please keep signing**.

www.diabetes.org.uk/school-alliance

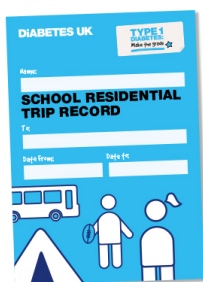
What is Safe in School?



Safe in School is the latest campaign of the Health Conditions in School Alliance made up of 30 health charities including Diabetes UK. The campaign is responding to concerns from many parents that the duty on schools to support pupils with medical conditions is not being implemented widely.

The Alliance investigated a snapshot of schools across England. **Only 11.5% of schools checked had implemented the duty adequately.** Schools need more support to understand what should be implemented, because when the right procedures are in place good care happens. That's why the Alliance is backing Louise's petition as part of the campaign. To find out more about the Health Conditions in School Alliance go to www.medicalconditionsatschool.org.uk

Time for exams and school residential trips?



If your patients have exams or school residential trips, we've got just the thing to help ease the stress for pupils, healthcare professionals and schools when planning these important school events. Now available to order for free in print or to download. Share these with your patient's families, they will help them navigate the checklists and practical things they and the school need to do to put a strong plan in place. Go to www.diabetes.org.uk/trips-and-exams

We really want to know what you think so let us know by completing our **feedback survey**.

www.surveymonkey.co.uk/r/diabetes-trips-and-exams

Know some good practice schools?



Over 170 schools have won our prestigious Good Diabetes Care in School Award. Could you help us find the next winners? Nominate a school now! www.diabetes.org.uk/school-award

If you've already nominated a school, they need to **complete their application by 12 June 2017**. Check out our interactive map of winning schools at www.diabetes.org.uk/award-honour-wall



Students at Pil Primary School Wales

YOUNG PATIENTS MOVING INTO ADULT CARE: OUR GUIDE FOR YOUNG PEOPLE

You'll know that moving into adult care can be a big change for young people with Type 1 – and for their families. We've produced a new guide that explains what young people with Type 1 and their families should expect.

Download the guide at www.diabetes.org.uk/transition

TYPE 1 - RESEARCH NEWS

Exploring the early onset of Type 1 diabetes

We have awarded our second-ever Harry Keen Intermediate Clinical Fellowship – worth almost £800,000 – to Dr Richard Oram at the University of Exeter. Richard will be looking at the extremely early onset of Type 1 diabetes, diagnosed in children under the age of one year.

Personalising Type 1 treatments

The need for 'precision medicine' where treatments are prescribed according to a person's specific needs was another research highlight at this year's conference. The key research challenge being: How do we move towards making Type 1 treatments personal? And what are the next steps in research that would help us achieve it?

If you couldn't make it to the conference this year, you can read the Type 1 research highlights in our blog post: blogs.diabetes.org.uk/?p=8049

News from our nations

Influencing reform in Wales

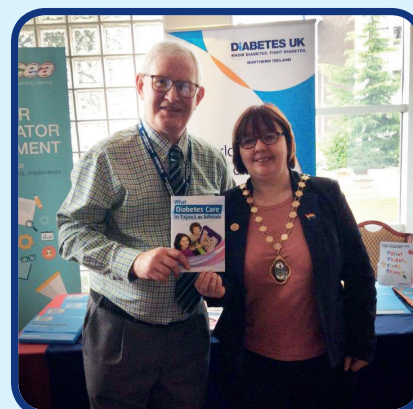
Diabetes UK Cymru is leading a coalition of 20 health and children organisations to make sure that support for Children and Young People with long term medical conditions is included in the Additional Learning Needs & Education Tribunal Bill. We've had widespread support for this across Wales and will continue to talk with all parties to ensure that children with conditions like Type 1 diabetes are not left behind.

Supporting teachers in Northern Ireland

The Regional President of NASUWT and the Deputy Lord Mayor of Belfast visited Diabetes UK at the March Northern Ireland Conference of NASUWT held in the Stormont Hotel. Diabetes UK staff spoke to over 100 teachers and School Principals about good diabetes care in schools.

Draft guidance for Scottish NHS boards, education authorities and schools

Diabetes Scotland is responding to a consultation guidance for NHS boards, education authorities and schools to support children and young people who require healthcare support at primary and secondary school. This is the first guidance update in over 10 years. Find out more www.gov.scot/Publications/2017/01/8545



OTHER WAYS WE SUPPORT FAMILIES

Questions can pop up at any time. Here are some of our other services for families with diabetes.

Helpline

For any and every question someone might have about diabetes, our Helpline is here to give specialist advice or just to talk.

Care in School Helpline

If things aren't quite right with your patient's school, we can support them and their family to resolve problems. This helpline aims to complement the work you do in supporting your young patients and their families.

Our specially trained volunteers have helped hundreds of parents already and they can talk to families about their rights, help them think through options and give them tips for talking to their child's school, so that the right changes are made.

Local groups

We've got family support groups across the UK – they're a great way for families to meet and share. Groups can be found on our website.

www.diabetes.org.uk/local-groups-portal

My Life

Point your young patients to My Life. This is our website that's designed and written especially for kids. From pets with diabetes to playing sport, it's got everything covered.

www.diabetes.org.uk/MyLife

Get in touch

Our Helpline and Care in School Helpline is open **Mon-Fri, 9am – 7pm.**

0345 123 2399*

www.diabetes.org.uk/Helpline

*Calls may be recorded for training purposes